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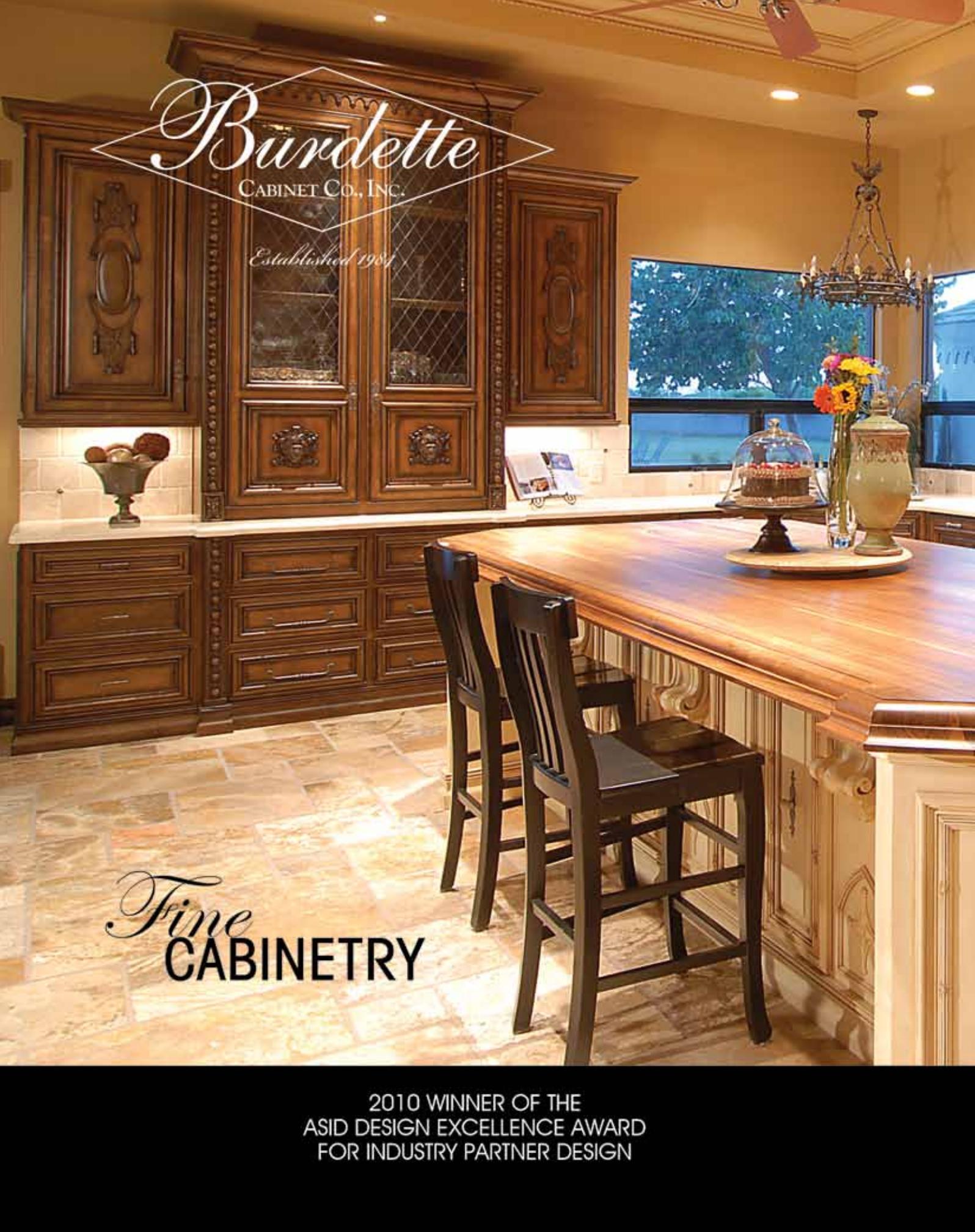
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PRESIDENT/PUBLISHER

Greg Tortorello

ADVERTISING/CREATIVE DIRECTOR

Alexandra Scott

CONTRIBUTING EDITORS

Monica Avila

Teresa Bitler

David M. Brown

Pamela Hubbs Cohen

Rebecca Sebek

Reisha Zang

CONTRIBUTING WRITERS

Kendra Jordan

Rossana Menna, DDS

Sally C. Pipes

Carlos Vallecillo, DDS

Mark Wiegenstein, CFP

CONTRIBUTING PHOTOGRAPHERS

Michael Baxter

Cristiaan Blok

Allison Tyler Jones

Robert Reck

Scott Sandler

Pam Singleton

Bill Timmerman

Dino Tonn

GRAPHIC DESIGNER

Kari King

DATEBOOK EDITOR

Christopher Tortorello

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Style Defined.

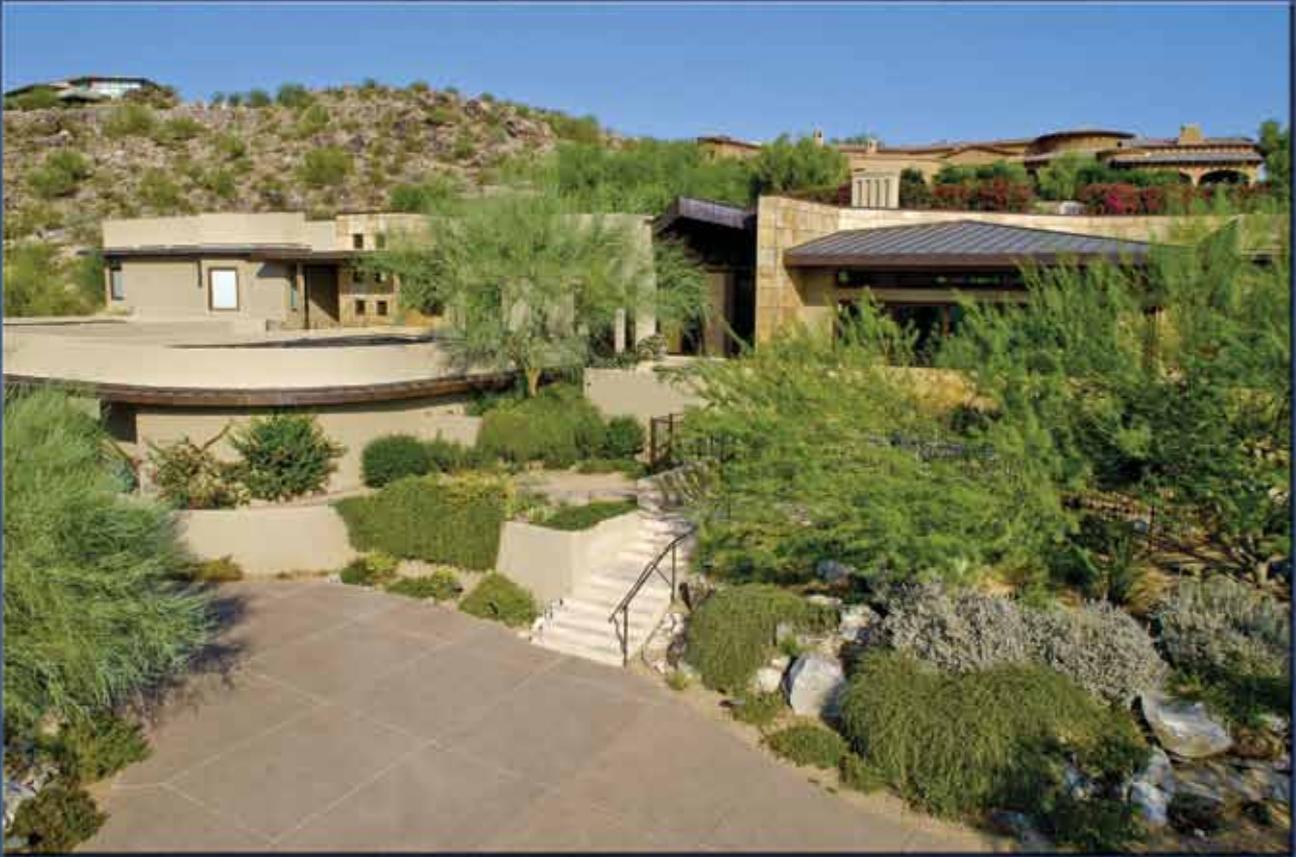


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The A-List

By David Brown

Weak space becomes robust; a worn, dull room turns colorful and inviting; a transformed home wins awards: The vision and talent of an experienced interior designer, working with his or her subcontractors and vendors, and you, can alchemize your home. This month, we've chosen six of the Valley's top interior designers with different styles but a shared commitment to quality and to realizing their clients' residential dreams.



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Fast Forward... A Crash Course In Remodeling

By David Brown

"In our challenging price environment, a tasteful and well-focused remodel serves a dual purpose," says Linda Miller, Realtor with Russ Lyon Sotheby's International Realty and The Nashban Team, Scottsdale. "It contributes to renewed satisfaction in the home for the current owner and enhances marketability of that home for future sale."



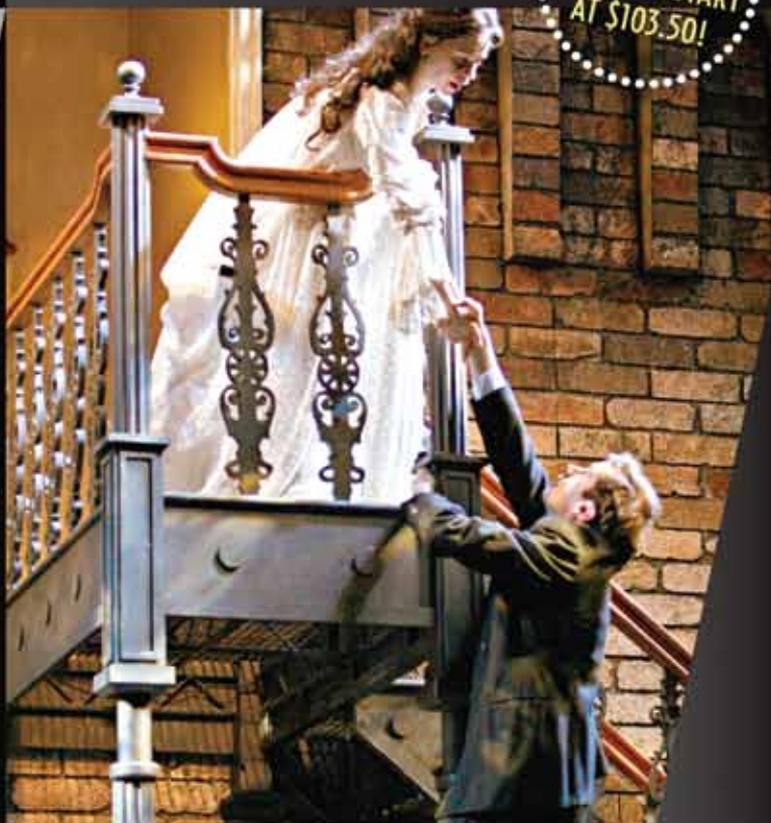
On The Cover

The homeowner was enthusiastic about doing something a little different in the kitchen. This translated to a tapestry of materials including a harlequin back splash, zinc counter, and a tri-level center island with granite, marble and butcher block tops. Designed by Janet Brooks, ASID. Photo by Pam Singleton.

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LEFT PHOTO BY ED FLORES. TOP PHOTO: LAURA ESPOSITO AND SONNY VALICENTI IN THE ACTING COMPANY/GUTHRIE THEATER CO-PRODUCTION OF ROMEO AND JULIET, PHOTO BY MICHAL DANIEL.

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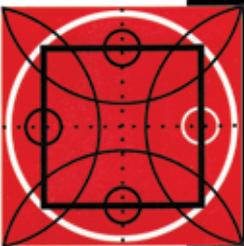


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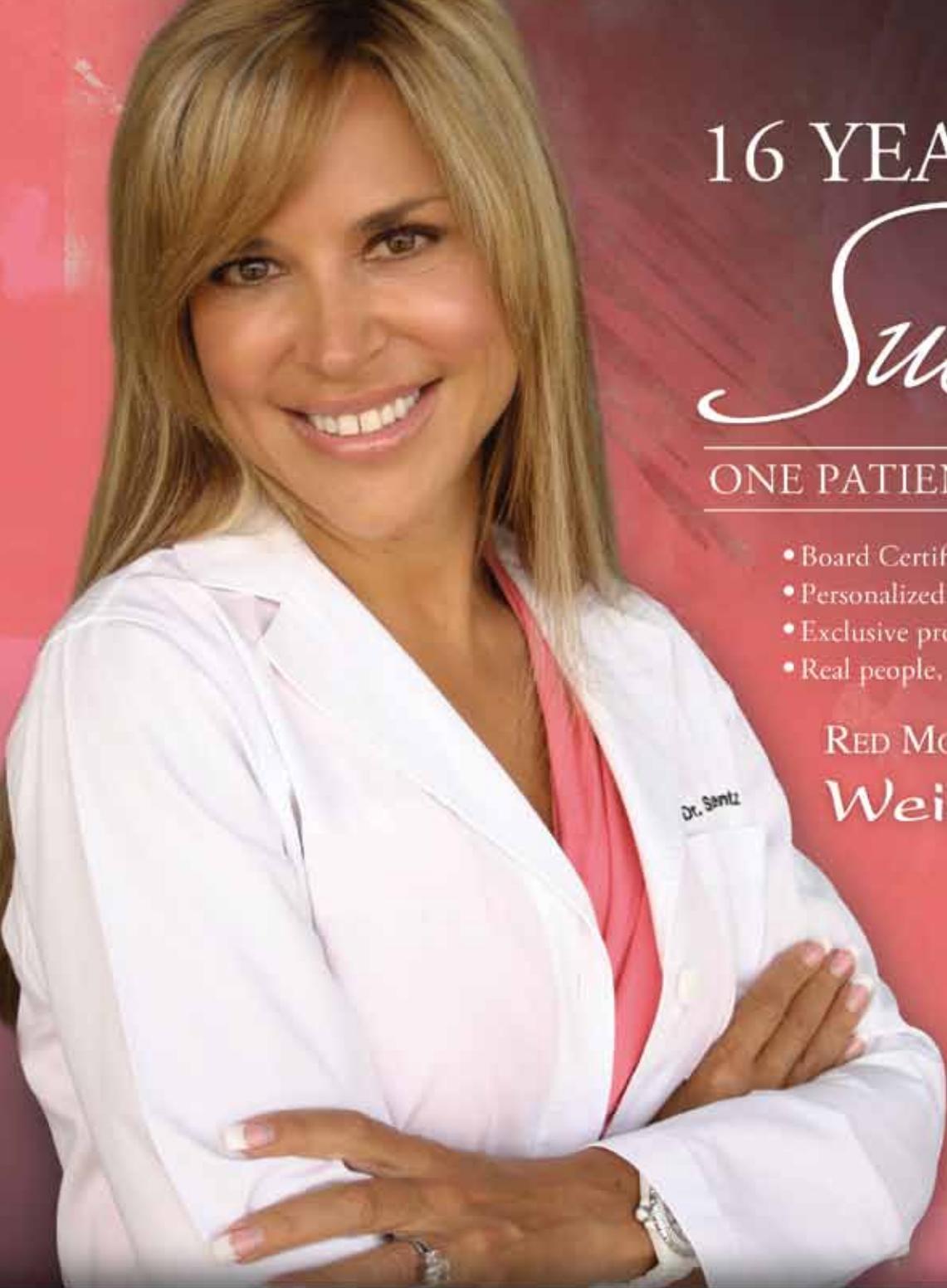
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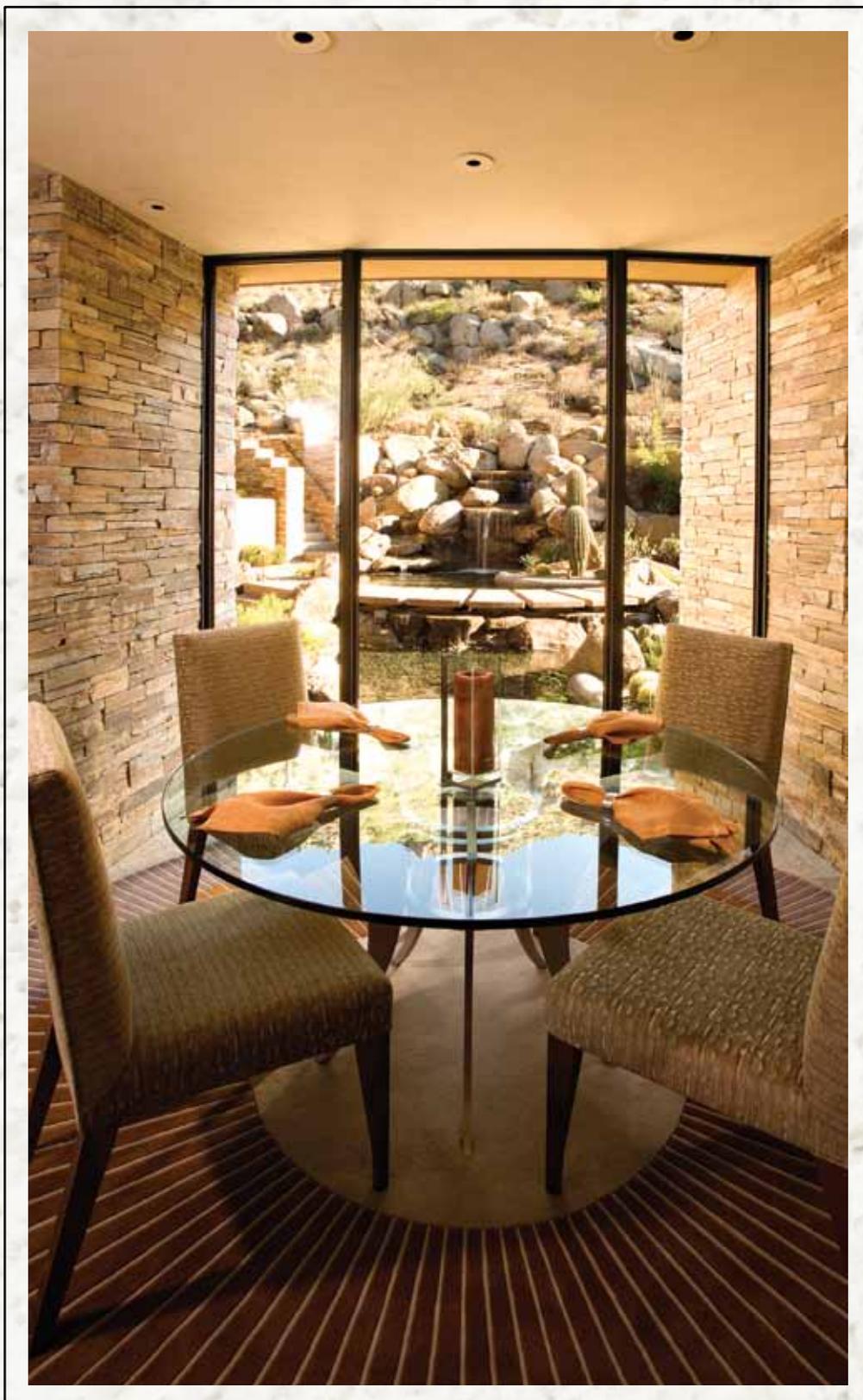
THE

ALL
LIST

SIX OF THE VALLEY'S
TOP INTERIOR DESIGNERS

By David M. Brown

Weak space becomes robust; a worn, dull room turns colorful and inviting; a transformed home wins awards: The vision and talent of an experienced interior designer, working with his or her subcontractors and vendors, and you, can alchemize your home. This month, we've chosen six of the Valley's top interior designers with different styles but a shared commitment to quality and to realizing their clients' residential dreams. ▶



Janet Brooks

Beginnings Designed for Great Ends

For Janet Brooks, ASID, a new room or a transformed home is a birthing process of materials, space and color.

“I love the beginning of a project — the opportunity to initiate the process of discovery,” Janet says. “Here, in the beginning, is where the heart of the home comes to life and the personalities of the homeowners manifest themselves. “With direction and advice from their interior designer, clients who have never envisioned a space start to experience the thrill of their dreams turning into reality: Beginnings!”

She established Janet Brooks Design in 1979 in Crested Butte, Colo., and since then has been completing high-end residential, boutique hospitality and small-office design from offices in Colorado and Arizona.

“I ask my clients to take ‘still shots’ of their everyday lives,” she says. “We can only identify what we hope for by observing our relationships with what we have, or don’t have.”

For clients who have been through the process before, a second or third opportunity allows them to delve deep into themselves in order to transform personalities, dreams and visions into sticks, stones and beauty. “They are concerned about comfort, entertaining guests who come to stay with them for short periods of time and low maintenance,” Janet says. “They want to enjoy every moment they are in their homes.”

If her clients are building a second or third home, they may choose to select new artwork themselves or they may enjoy the process of exposure to new artists and genres as suggested by Janet. Other clients anticipate travel and new experiences and wait before acquiring new pieces.

Still, certain rules apply universally: “If specific art pieces have not been selected yet, we still designate certain walls for art and keep our options as open as possible with good basic art lighting and neutral surrounding finishes.”

For Janet Brooks Design, luxury is democratic: It’s “surrounding yourself with things that mean a lot to you, spiritually and materially — without obsessing or excessing. We can all experience luxury,” she adds. “It is not limited to a location or a budget.”

Building a new home or remodeling gives us an opportunity to attain that luxury — “to see things in a different way, get out of our old ruts and broaden our horizons. I am thrilled when clients comment, ‘I am so glad you convinced me to do that; I never could have imagined it for myself!’” ▶



Janet Brooks,
photo by Allison
Tyler Jones.
Design photos by
Mark Bosclair.



Caroline Tyler DeCesare

Rites of Getting it Right

Caroline DeCesare, Allied ASID, began Mesa-based DeCesare Design Group in late 2008 after leaving Scottsdale's Vallone Design where she had been a designer for eight years. Previously, she was with Wiseman & Gale, also of Scottsdale.

One reason for leaving Scottsdale: She wanted to be closer to home. "I am a fifth-generation Mesa native, and when I decided to start my own firm, I chose downtown Mesa," Caroline recalls.

She is client-centered: "I do not have a set 'style.' My work varies depending on the client, locale of and vision for each project," she explains. However, I do consider all my projects to be both beautiful as well as functional." As principal designer, she is assisted by two design assistants, a studio manager, purchasing coordinator and five support staff.

Correctly realized, interiors tell the stories

of clients' lives: they are designed for their lifestyles — family, empty nesters or vacation home. Similarly, her commercial work addresses both the aesthetic and operational needs of the respective client/business.

Her projects have been mainly throughout the Western United States; while each project respects locale, each also is an answer to the needs and tastes of the client. For example, in Park City, Utah, she has two very different homes: a very sophisticated, clean-lined, "transitional" home and a very rustic barn-like home. "Both homes feel 'right' for the mountain location but are individual to the clients," she says.

"Truth in materials," color and artwork all figure in her work.

"I jokingly say, 'Just say "no" to faux. I am fortunate to have clients who understand the value of investing in authentic natural materi-

als as well as the need to hire skilled artisans and craftsmen."

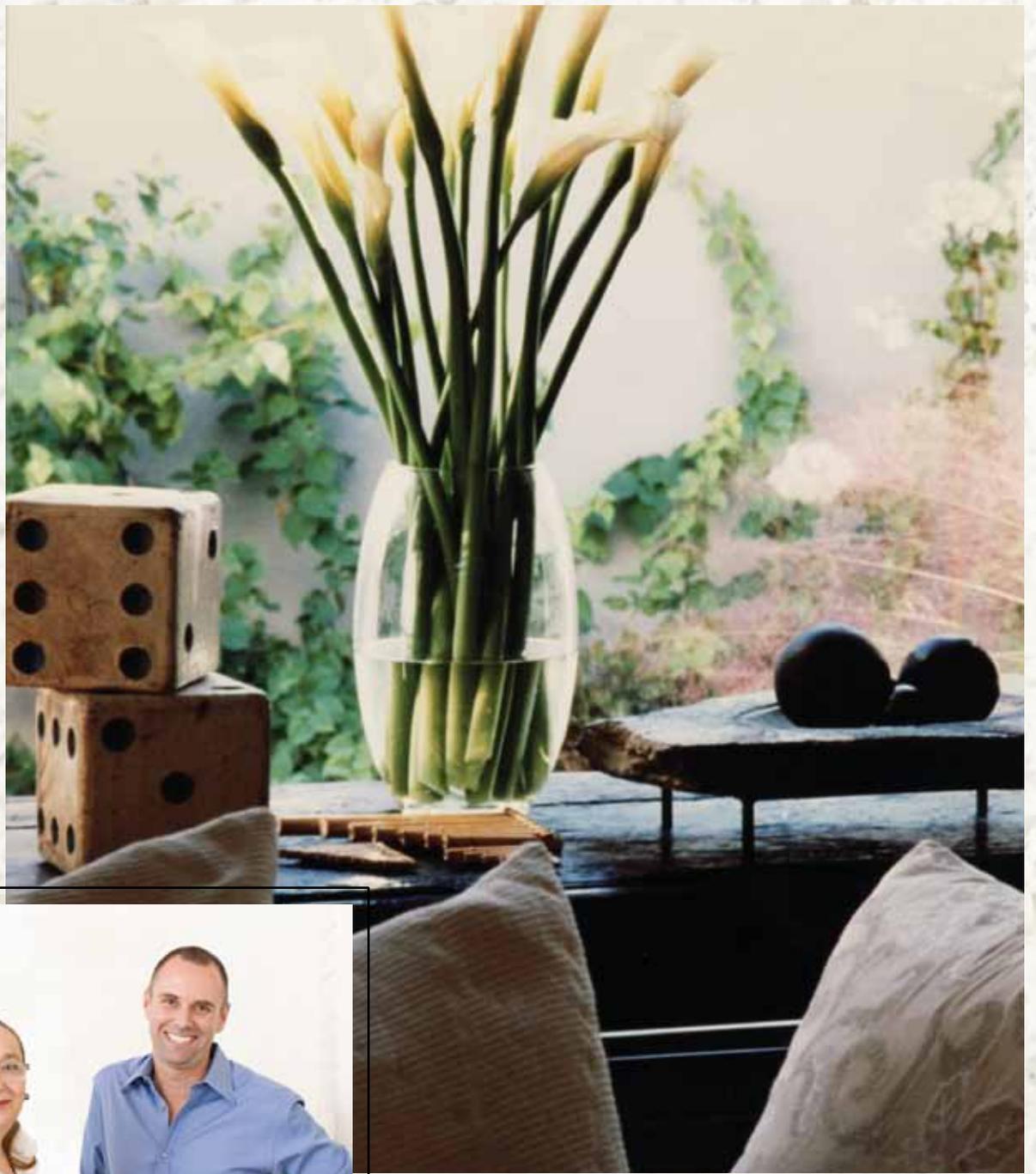
Color is quick and relatively inexpensive — a great way to add drama and life to a space.

Good art transforms space. A collection can be the focal point of a home; it can even determine how a home's structure is formulated from start. Caroline: "The definition of great art for me is a piece that makes my client feel something." Most importantly, she reminds clients that art is personal: Love it or leave it.

The process is as important as product for Caroline; the experience of the designing is as important as the design. "I want my clients to enjoy the very personal, time-intensive, laborious process of designing, building and furnishing their homes," she says. "I feel that my interiors uniquely blend the intended style and the client's lifestyle." ▶



Carolyn DeCesare, photo by Allison Tyler Jones.
Design photos by Christiaan Blok.



Nancy Kitchell & Chris Brusnighan

Experience and Artistry

Nancy Kitchell and Chris Brusnighan, photo by Christiaan Blok.
Design photos by Christiaan Blok.



“Focus on quality, avoid isms, maintain an open mind, ask, don’t tell — and listen,” says Nancy Kitchell, who founded Scottsdale-based Kitchell Interior Design Associates in 1983.

Nancy’s style ranges from opulent to simple, but always compelling. “We do traditional, transitional, telepathic, contemporary, contemplative, sometimes mixing styles depending on the client, the architecture and place,” she says.

“Our work is less about current trends and more about the client. We are tailors,” she explains. “We perhaps make more of an effort to personalize a space to the client’s request. We enjoy real people with real lives and everything that entails.”

She adds: “Working with clients’ own possessions can be daunting for some. We love the challenge of making houses reflect the owner as a portrait — in 4-D.”

Colors and materials are carefully selected — as much guided by the architecture as by

the space. “There are times to squander color and times to use a very light hand,” she says. So, too, some projects require a heavier hand with materials.

Nancy started working in design as an assistant in the library at Warner’s Furniture in 1966. Gerry Ebbett was the senior designer: “I studied and loved everything he did.”

She also worked for Tracey Fow and George and Roz Schoenberger. In 1969, she joined William Benner and Patrick Maas, for whom she worked for 12 years. “Theirs was then the finest design studio in this part of the country,” she says. “I adored them and attribute my success and most of my education to those two great designers.”

In 1980, she opened a studio with a great friend and talent, Brad Newlon. This became Kitchell Newlon, followed by Kitchell Thomas with a friend and designer, Jerry Thomas.

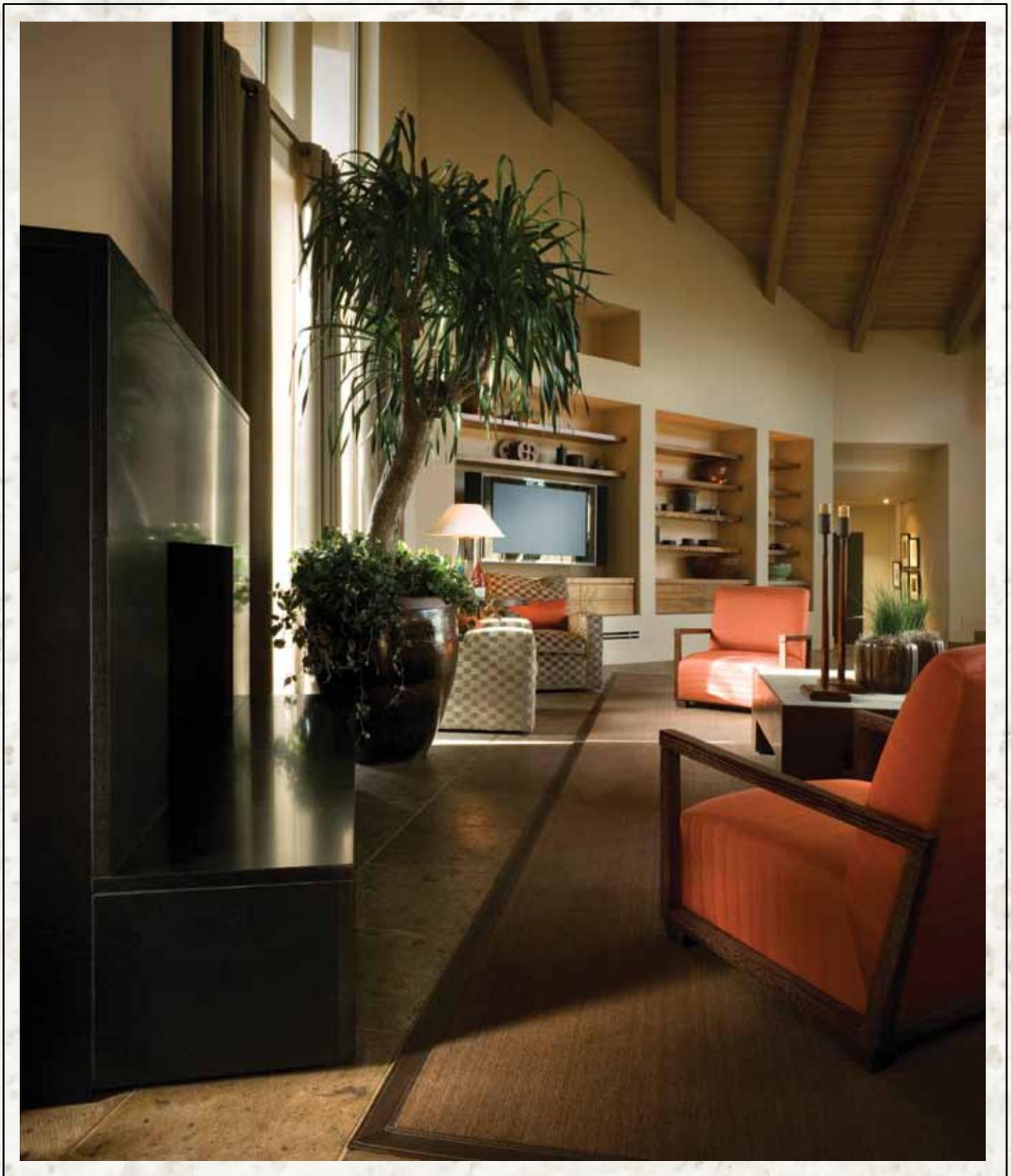
Today, she depends on Jessica Burns, bookkeeper, Merrily Romero, receptionist, and Christopher Brusnighan, for eight

years her “enormously capable and talented” design associate.

“Nancy ‘found’ me, or should I say we ‘found’ each other,” says Christopher, referring to a design showroom business where he had worked before joining with her. Before that, he was a high school educator, but friends and family encouraged him to follow his passion for interior design.

“Coming into this dynamic and challenging industry was the best decision I ever made,” he says. “More importantly, having the opportunity to work and mentor with Nancy Kitchell has been the most invaluable learning experience I could imagine.”

An associate such as Christopher makes the quality difference at Kitchell’s studio and with her clients. Nancy: “We just care. We have tons of experience with all sorts of fabulous people, places and things, and we are fearless, frank — and fun!” ▷



David Michael Miller
Uncluttered and Clarified

"I am evolving in my work as time passes," says David Michael Miller, ASID, but there are consistencies in my work always: clean lines, uncluttered spaces, natural materials, excellent craftsmanship and always high quality."

He founded Scottsdale's David Michael Miller Associates in 1989, now a team of six. Much work is local but he regularly completes projects in San Francisco, Aspen, Chicago and Santa Monica.

"We do a variety of styles and enjoy being diverse in our work aesthetics," he says. "We love being challenged. I love going places in design that I have not been to before."

For instance, DMMA is just finishing a rural French-style house in Arizona, filled with antiques and artifacts that are authentic to the period and home style. But his team is also in process with several contemporary houses as well as a modernist house. Two years ago, he completed a rural English-style house but added his own subdued insights.

If there is a DMMA style, it's uncluttered and clarified: "We like less versus more typically in interiors," David explains. "I would rather have fewer furnishings of great quality versus more furniture of lesser quality.

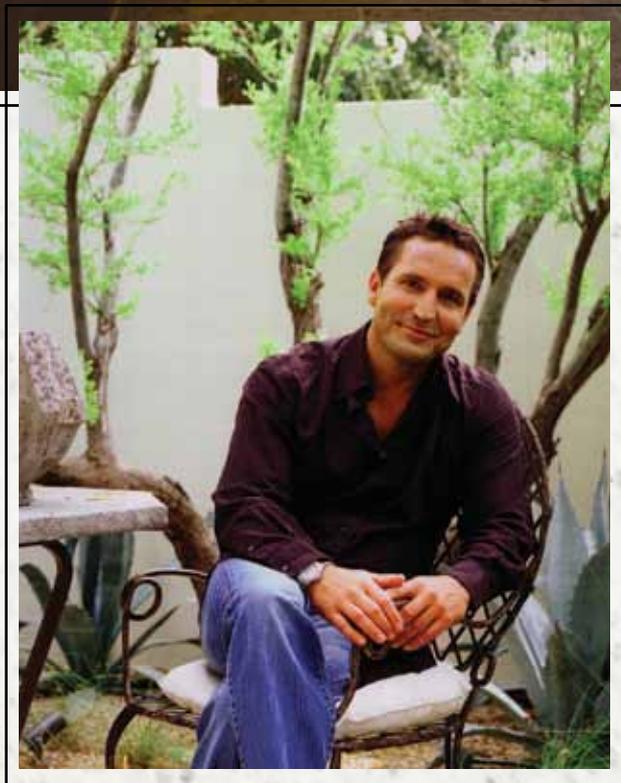
So, too, with color: "I use color usually sparingly. On certain projects, in which the client asserts that they love color, I will follow their lead." For sure, however, he doesn't follow color trends — or any trends. Publications call: "What is the new hot color?" "What style trends are hot?" He replies: "Whatever it is, I don't intend to follow it."

Color, as with the interior as a whole, should be about the client. "Emotion and color are connected. If I introduce color to interiors, I want to understand how that color affects the clients and how it makes them feel. My reluctance to use a lot of color in interiors typically centers around my belief that the use of a lot of color in interiors can be tiresome over time and too jarring to interiors."

Listening to clients coordinates with listening to the architecture. When working on newbuild projects, the DMMA team likes to see its role as complementary with that of the architect. Too often, that relationship is adversarial between designer and architect. David sees this as counterproductive and acknowledges that the architect, by necessity, is the design leader for newbuild residential.

"If the architecture is very 'vocal,' we would be inclined to take a more passive approach to the interiors," he says. "If the architecture is neutral and passive, then the interiors can typically assert themselves more."

Interiors and architecture should be in harmony — especially here in the inside/outside desert lifestyle. "As a rule, we don't want to out-shout the architecture," David says. "We want our interiors to speak in unison with the building."▷



David Michael Miller, photo by Dominique Vorillon. Design pictures by Bill Timmerman.



Elizabeth Rosensteel

Minimal to Maximum Effect

Elizabeth Rosensteel, photo by Allison Tyler Jones. Design photos by Robert Reck.



Elizabeth Rosensteel started her firm twice. In 1985, she began Design Consultants Ltd. in Phoenix. In 1993, she was asked to lead the interior design component of Taliesin Architects in Scottsdale, the home and studio of Frank

Lloyd Wright. After leaving in 1999 as a principal in the firm, she started her firm again as Elizabeth A. Rosensteel Design/Studio in Phoenix.

There she has been the recipient of many design awards, including 2009 Open Auditions for Architectural Digest, NKBA 2010 Award winner for large bathrooms and Masters of the Southwest from Phoenix Home & Garden Magazine.

“My philosophy is to deliver honest design by celebrating the architecture,” says Elizabeth, whose team includes four associates. “There is honesty in the use of materials and how we approach each space as a fingerprint. This creates a nature of exclusivity for

each owner, as our intention is to rejoice in who the clients are as individuals.”

In a recent master bathroom “sanctuary” project, for instance, Elizabeth worked with the home’s open-floor plan — creating areas that would provide privacy without the restrictions of doors. She placed a 7-foot wall at the entrance to break the entry view, which also provided the owner an additional surface for showcasing art.

Walls were placed at varying heights to create privacy for the tub and a sense of sculpture to the space. From a sculptural standpoint, these same walls are used to suspend the cabinets. Even the countertops participate in the design as they pass through glass shower walls and cantilever into the shower or move between the open walls — creating an art shelf on the tub side.

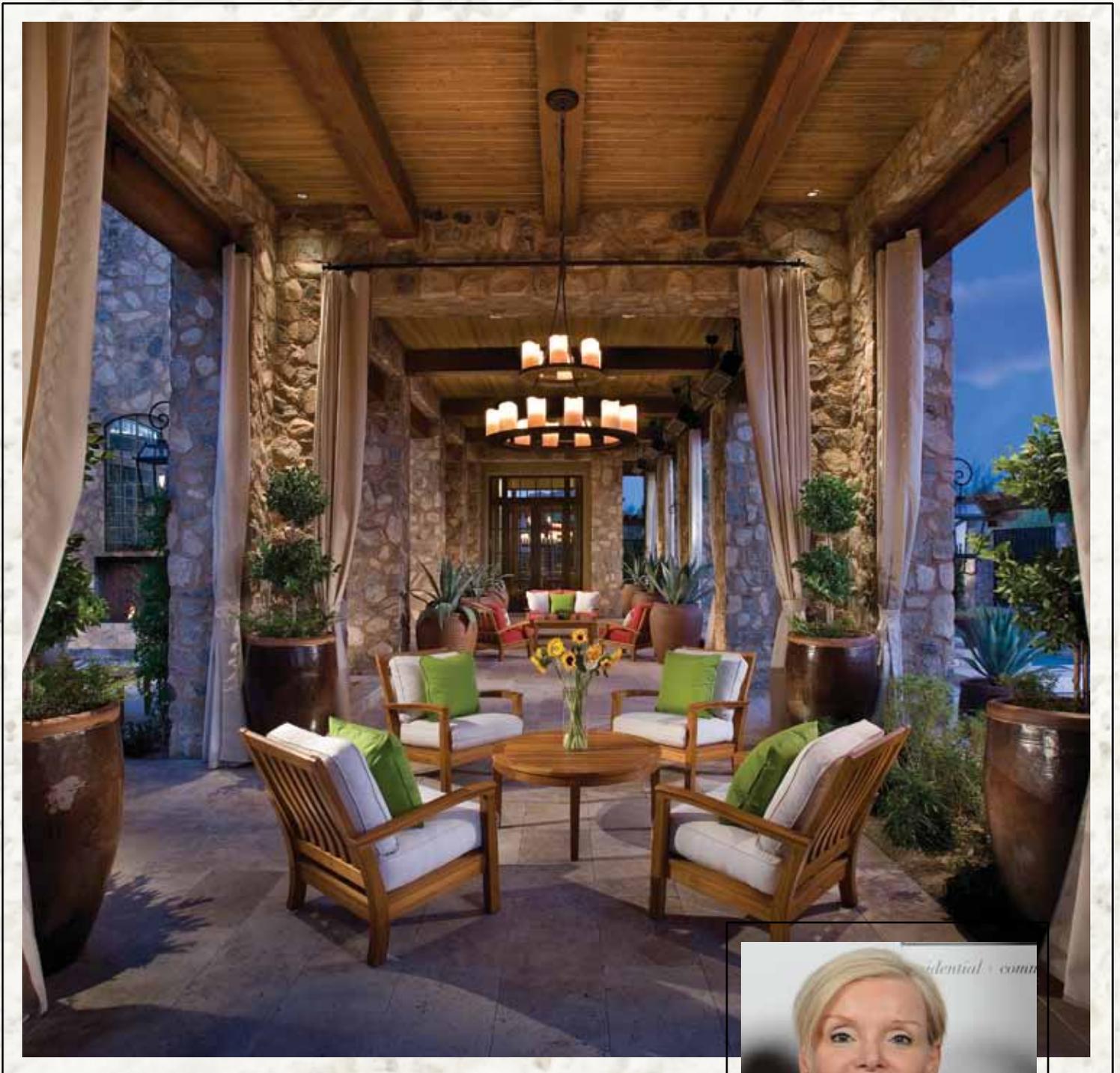
Although her style is often categorized as contemporary or minimalist, Elizabeth has worked on an historic reinterpretation of the Greene and Greene Gamble house in Jackson Hole Wyo., a very traditional

home in Hillsborough, Calif., with a client who was the largest manufacturer and importer of lace from China, and a home inspired by clients whose second homeland is Bora Bora.

Here, the Arizona desert makes its demands. “I have always believed that we can use a lot of color in the desert and draw materials and color from each site,” she says. But, the desert is not uniform as some casual observers might suggest: The environment in Arizona alone varies greatly area to area.

For example, Elizabeth points out, rock formations on the north side of Camelback Mountain differ significantly from those on the south side, and different microcosms of plant life are found throughout Desert Mountain.

“In the undisturbed vegetation, one can find wildflowers that look like miniature orchids for Lilliputians,” she says, referring to Gulliver’s little people. “All of these affect how we approach the site, the colors, the texture and the materials we pull for the home.” ▶



Donna Vallone

Clean, Classy, Streamlined

Donna Vallone, photo by Dino Tonn.
Design photos by Dino Tonn.





Donna Vallone, ASID, opened Scottsdale-based Vallone Design in 2001. Her multi-award-winning interior design firm completes residential and commercial luxury projects nationwide, with particular attention to color, texture, lighting and spatial relationships.

“Vallone style is a clean, edited, young version of what is often called ‘traditional,’” Donna explains, although noting that her group has also successfully completed contemporary projects. “Our style is not ‘trendy’ and is a reflection of our clients: the way they live. We listen carefully to how they live, what is important to them, as well as the location of the project.”

For instance, Vallone and her team recently completed the Martis Camp family barn near Lake Tahoe as well as other residential projects in Vail, Colo., Corona del Mar, Calif., and in the Valley. In addition, Vallone’s commercial portfolio includes the Silverleaf

Country Club in north Scottsdale, the spa at Royal Palms Resort & Spa in Phoenix, Paradise Valley Country Club and Loch Lomond Golf Club, Scotland.

Eschewing trendiness, she selects “timeless materials” such as Carrera marble, hardwood and natural stone floors. Colors should not be whimsically selected — rather chosen as they relate to the project or to accessorize or enhance the design. She has often alternated slip covers, for example, to change with the seasons.

The firm’s showroom in Scottsdale allows clients to choose from antiques and furnishings found worldwide and specifically selected by Donna and her team. In addition, Vallone incorporates her clients’ collectibles and furnishings into the design for their homes — avoiding the “burn all” mindset of some designers intent on acquiring all new pieces.

Art is an essential component at Vallone

Design. “I believe that selection of art should come from the heart,” she says. “It should be an emotional experience. I prefer that my clients fall in love with a piece of art.”

However, for clients who want a “turn-key” project, Vallone and her associates shop for art from local galleries that have a sense of whimsy, if that is appropriate, or, more serious, such as Russian impressionist art. Donna says that she enjoys shopping for, and with, her clients — especially for local art and accessories. Clients who have acquired serious art collections often wish to showcase these: “Then, it is our job to respect, place and install,” she says.

Most importantly is to avoid a “look” that distinguishes her rather than foregrounds the client. Donna: “I never want someone to walk into a home and say, ‘This is designed by Vallone.’” □

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THE ERA OF RATIONING BEGINS

by Sally C. Pipes

Supporters of health reform said it would never happen.

Maybe they got caught up in their own rhetoric. Maybe they just didn't want to believe it was possible. But rationing in America has started.

By December, the Food and Drug Administration is expected to revoke approval of the drug Avastin for the treatment of advanced breast cancer. United States Senator David Vitter of Louisiana has described the anticipated move as "the beginning of a slippery slope leading to more and more rationing under the government takeover of health care."

It seems that even loyal Democrats have noticed the Obama administration's not-so-subtle policy shift toward rationing. According to Politico, many of the 34 House Democrats who voted against the health reform bill are aggressively touting their "no" votes in campaign ads.

The FDA claims its decision won't be based on cost, but Avastin isn't cheap -- a full regimen costs about \$100,000 a year. Jean Grem of the FDA's Oncology Drug Advisory Committee was cited in the *The Wall Street Journal* explaining why she voted to deprive breast-cancer patients of Avastin: "We aren't supposed to talk about cost, but that's another issue."

Two years ago, the FDA approved Avastin for breast cancer on the condition that further research would show the drug extended life expectancy. Everyone expected the drug to maintain its approval. Avastin has proven to be a wonder drug for countless women with stage IV breast cancer, slowing the disease's progression and dramatically extending life.

But when no significant increase in "overall survivability" was reported this summer, an FDA advisory panel recommended that Avastin's approval be withdrawn. Top FDA officials have pledged to decide by December 17 whether they will accept or reject the panel's counsel.

No cancer drug has ever been taken off the market based solely on "overall survivability." Traditionally, calculations of a drug's effectiveness have been based on tumor response and progression-free survival rates.

Here, Avastin is a miracle drug. In the manufacturer's critical phase III study, tumors shrank in nearly 50 percent of patients receiving the medicine. Patients who received Avastin in conjunction with chemotherapy lived nearly twice as long as would otherwise be expected without their disease worsening. For some patients -- known as "super-responders" -- an Avastin regime translates into years of additional life.

"No cancer drug has ever been taken off the market based solely on "overall survivability." Traditionally, calculations of a drug's effectiveness have been based on tumor response and progression-free survival rates."

If the FDA strips Avastin of its approval, it's likely that private insurers and Medicare would stop covering the medicine, effectively removing Avastin from the anti-breast cancer arsenal.

Government rationing doesn't stop at Avastin.

Medicare coverage for Provenge, a drug for advanced prostate cancer, is also in jeopardy. Like Avastin, Provenge is expensive. Created using a patient's own white blood cells, the drug costs \$93,000 a year. The FDA has already approved Provenge as safe and effective, yet Medicare officials are currently deciding whether it will pay for the medicine.

If officials decide Provenge isn't worth covering, it will mark the first time Medicare has refused to pay for an FDA-approved anti-cancer drug.

The outrage over the Administration's campaign against expensive but effective drugs has not been muted. Major cancer advocacy groups like Susan G. Komen for the Cure and the Ovarian Cancer National Alliance have come out in strong support of both Avastin and Provenge.

It's terrifying to think that distant, faceless bureaucrats are now making Americans' healthcare decisions. Welcome to Obamacare.

Sally Pipes is president and CEO of the Pacific Research Institute, a California based public policy think tank. She is author of the monthly column, The Contrarian. Her book "The Truth About Obamacare", was released in August.

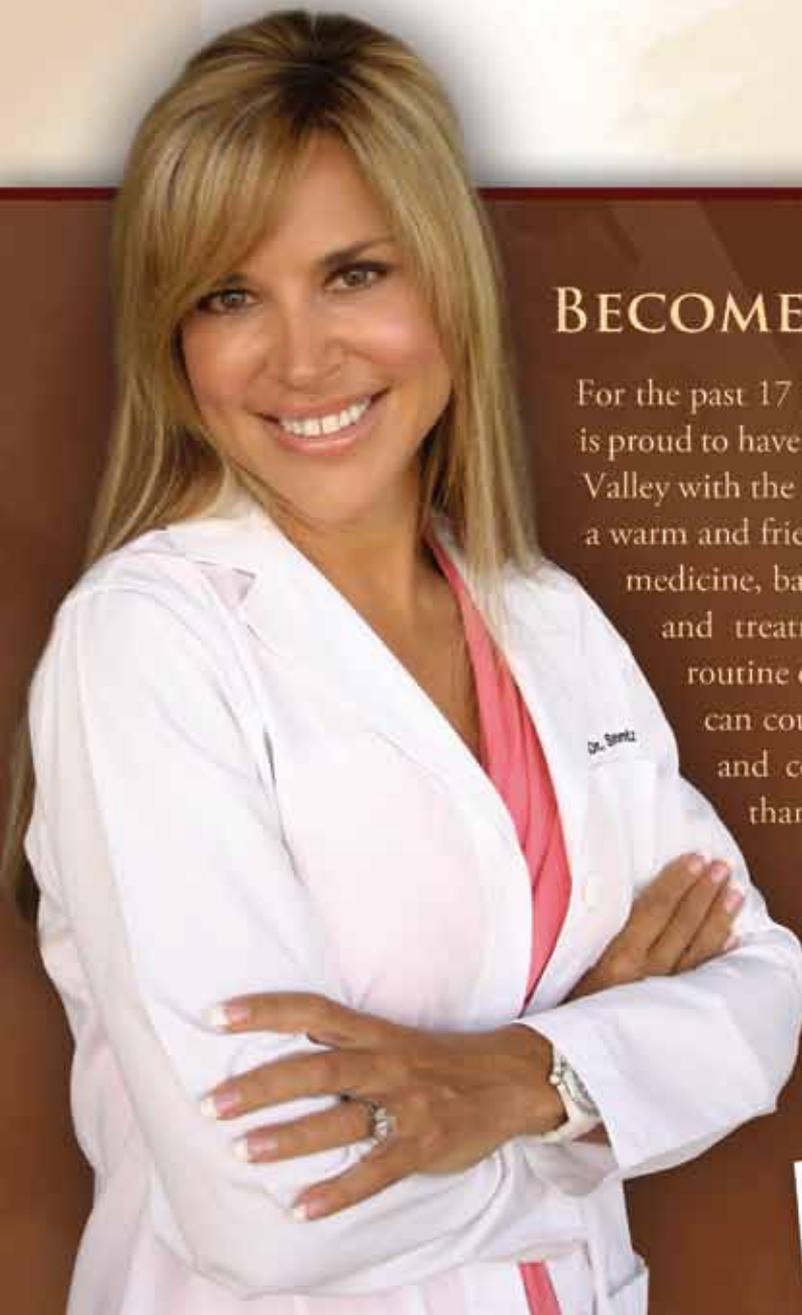


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LIN SUE COONEY:

It's No News That This Lady is a Pro

By David M. Brown

PROFILE

Lin Sue Cooney, weeknight 12News co-anchor, is herself anchored by faith, family and selfless professionalism.

"My passions are my Christian faith, my husband, my children, my friends, my dog and my job, followed by cooking and baking, writing, photography, scrapbooking, traveling, entertaining, and my online Etsy store, where I sell handmade treasures," Lin Sue says.

She lives in north central Phoenix with husband Sean, son of "Pep" Cooney, former Channel 12 general manager, daughter Taylor, and sons Zach, Seamus and Wen.

The family dog is standard poodle, Max — "the best dog in the entire universe: intelligent, devoted and doesn't shed, not even a little bit! He's so smart we trained him to ding a hotel bell on the floor when he wants to go outside."

Born in Taipei, Taiwan, she moved to the Great Falls, Mont., when she was 4. Her father, Walter, now deceased, was transferred to the Air Force base there. Her mom, Shu Mea, remarried and still lives there.

Lin Sue majored in English and political science at Willamette University in Salem, Ore., and earned a Master of Science in Journalism on a partial scholarship from the highly regarded Medill School of Journalism at Northwestern University in Evanston, Ill.

"I was headed for law — mostly from mom and dad— but I couldn't deny the part of me that loved writing, keeping a journal and telling stories, so I went for my master's in journalism and I've never regretted the switch. I love my job."

Her first job was at KFDM in Beaumont, Texas. "I got that right out of grad school. I sent out lots of résumés, and they called,"

Lin Sue says. She was there only six months — long enough to know she was going to like the news business and that she also needed a second job, fast.

"I made so little that every month I couldn't pay my bills," she recalls. "I was either late on my car payment or my school loan. Thank goodness I got a better paying job pretty quickly."

Belo, the company that owned the Beaumont station, also owned WFAA in Dallas, and the news director called: He liked the young reporter from Great Falls and employed her.

But she wanted to move farther west.

For one, she loves the desert light. "Sunshine is bright and happy and can come in through your windows while you sit in an air-conditioned room," she says. "I lived in the Pacific Northwest during college and it was soooo dreary."

In addition, she enjoys the Valley's lifestyle flexibility. "I love how Phoenix is a big city that still feels like a small town. It's great place to raise a family."

She and Sean, a freelance network sports cameraman, have raised well: Taylor, 24, is in Washington, DC, employed as a proposal writer for a security firm, and Zach, 21, is a senior at Arizona State University. ▷



Lin Sue Cooney with sons Seamus, Wen, and standard poodle Max.. Photo: Sean Cooney



“He spent the last few summers working at orphanages in Africa and wants to teach there when he graduates,” she says, tonally intimating a mother’s concern for a son so many thousands of miles away.

Seamus and Wen are both 8 and in the third grade: “They are such bright, joyful boys. They keep me and my husband young.”

Jim Willi, then news director, hired her in 1984 at 12News as a nightside reporter. Just a year later, she was anchoring the 5 p.m. news.

“I love working with everyone here,” she says. “We not only have great journalists, but they are all top-quality people: smart, funny and compassionate.”

She fondly recalls her early years at the station. “I was so fortunate to work with some outstanding associates: great professionals with big hearts.” These in-

cluded now-retired Vince Leonard, Kent Dana and Mark Curtis.

“I’m a pretty lucky guy,” says Curtis, who co-anchors the 5, 6, and 10 o’clock 12News. “I get to live 24/7 with two beautiful, intelligent women. One is my wife Abby; the other is Lin Sue. Sure, we have different relationships, but I definitely see her as more of a ‘partner’ than just a co-worker.

“Lin Sue is kind, intelligent and extremely talented,” continues Curtis, who began working at Channel 12 in 1995. “But what I admire most about her is that she is the ‘anti-diva’ — not pretentious, not demanding, just a solid pro.”

At 12News, she’s garnered seven Emmys, the Edward R Murrow, Best of Gannett and Best TV Anchor awards, but she doesn’t covet accolades. “Unless,” she notes, “they give one for best wife, mommy or friend.”

O r community involvement. For years, she's helped the station promote its breast-health program, Buddy Check 12. People register for free and receive a monthly e-mail or voice mail from her, reminding them to do a self breast exam.

To date, the station has signed up more than 85,000 people. "Even better: We get e-mails and calls all the time from people who tell us we helped them find a lump and save their lives," Lin Sue says.

Channel 12 will also broadcast this year's Susan G. Komen Phoenix Race for the Cure® Oct. 10. The Phoenix Affiliate of Susan G. Komen is sponsoring the 18th annual race in the State Capitol District.

"Every day, people are affected by breast cancer: either themselves or someone they love," Lin Sue says. "Survivors have learned not to take life for granted. Every minute is precious."

Denise McClain is a Phoenix Affiliate of Susan G. Komen for the Cure board member and past president of the board: "I always enjoyed seeing Lin Sue's announcements on Channel 12 about Komen activities and encouraging women to be educated about their breast health," she says.

"But when I met her, I realized that her passion for fighting breast cancer does

not come from a script or a teleprompter. It comes from her heart."

In particular, McClain remembers Lin Sue's kindness when she met her mother, then battling breast cancer. "Lin Sue listened as my mom shared her story in great detail, as my dad stood next to her. The next time I spoke with Lin Sue, she remembered my mom and her story and asked me how she was doing.

"When mom passed away from breast cancer, Lin Sue reached out to me, and even to my dad and sister, to see how we were doing. She showed genuine concern for our family over the loss of my mom. We are blessed that she has made a personal effort to raise awareness about breast health and have her partner with us in our mission to save lives and end breast cancer forever."

Lin Sue's mantra — "Take the High Road" — leads her in the direction to help others. Much of this guidance comes from her religious spirit: She reads the Bible daily and she cries every time she hears "Amazing Grace."

"It's so easy to lower your standards when life gets crazy or to stop trying so hard when no one else seems to be," Lin Sue says. "But I would much rather be helping in as many ways as I can."

"We weren't put on Earth to be average," she adds. "We were put here to do our best." □

below: photo courtesy,
Komen Phoenix.



NOVEMBER

MARK YOUR CALENDAR

Check your calendar because there are some special charities that want to invite you to their events. If you're a guest at one of these events, know that you've made a difference in your community.

BY REBECCA SEBEK

10 EVENTS TO REMEMBER

3
4
5
6



THE 2010 BROPHY FASHION SHOW and LUNCHEON, benefitting the Brophy College Preparatory Financial Aid Fund, will be held at the Camelback Inn. www.brophyprep.org.



SCOTTSDALE FASHION WEEK 2010, "The Art of Fashion", promises 3 days of fun and glamour. Benefits The Junior League of Phoenix. www.scottsdalefashionweek.com.



THE FIRST FRIDAY GALA, benefitting the Keogh Health Foundation, will be held at the Arizona Biltmore Resort. www.keoghhealth-foundation.org.



Celebrating the 25th Anniversary of the Ronald McDonald House Charities of Phoenix, A MCNIGHT TO REMEMBER offers an elegant evening of dinner and dancing at the Arizona Biltmore Resort. www.rmhcphoenix.com.



Join Phoenix Art Museum's friends and supporters for THE pARTy. Enjoy dinner and dancing while supporting the museum's educational programs and exhibition schedule. www.phxart.org.



CAMP SOARING EAGLE

Camp Soaring Eagle's Annual Affair, THE FAIR 2010, will take place at the JW Marriott Desert Ridge Resort & Spa. The Country Fair theme will include live entertainment, celebrity guests, games, dinner and dancing. www.campsoaringeagle.org.

HEART BALL 2010
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The goal for THE 2010 PHOENIX HEART BALL is to bring to fruition the Halle Heart Children's Museum. Held at the Phoenician Resort, cocktails and dinner begin at 6:30 pm. www.phoenix-heartball.org.

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The BIDS FOR KIDS auction and dinner, benefitting the Boys and Girls Clubs of the East Valley, will be held at the Wild Horse Pass Resort and Spa. www.clubzona.org.



Lunch, auctions, and a fashion show mark this Holiday event, VISIONS OF SUGARPLUMS. Held at the Scottsdale Fairmont Princess Resort, proceeds benefit the Boys and Girls Clubs of Greater Scottsdale. www.bgcs.org



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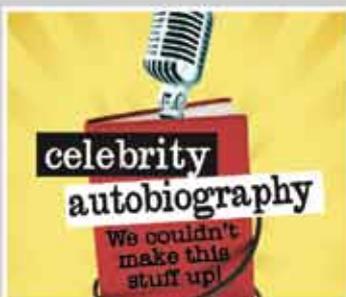
VINCE GILL
TUE, OCT 19



NG LIVE
JEAN-MICHEL COSTEAU
WED, OCT 20



SPENCER DAY
FRI, OCT 22



CELEBRITY
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NOV 4 – NOV 21
(Two Shows Daily)



RICHARD NADER'S
DOO WOP
SAT, NOV 13



SAVION GLOVER:
BARE SOUNDZ
SUN, NOV 14



LUKAS NELSON
SAT, NOV 20



THE KING'S SINGERS
THU, DEC 9



JOSHUA BELL
FRI, FEB 11



THE ALUMINUM
SHOW
SUN, MAR 20



SEPTETO NACIONAL
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fast forward

a crash course in remodeling

by david m. brown

Make your old home your new home. Build more equity now and reap the recovery later.

Opposite page: photo courtesy of Sub-Zero Wolf.

“In our challenging price environment, a tasteful and well-focused remodel serves a dual purpose,” says Linda Miller, Realtor with Russ Lyon Sotheby’s International Realty and The Nashban Team, Scottsdale. “It contributes to renewed satisfaction in the home for the current owner and enhances marketability of that home for future sale.”

If you plan to spend time and money on your home, do so wisely, realistically gauging what it may be worth, with improvements, in a few years. Well planned, your renovated or remodeled home can provide continuing joy in the short and long terms — from raze and rebuild to adding a bonus room or backyard upgrades such as an outdoor kitchen, firepit or putting green.

“Remodeling is all about balance and finesse,” says architect Nick Tsontakis, AIA, principal of Scottsdale-based Tsontakis Architecture & Interiors. “But, without proper design and guidance, you can spend a lot of money only to make a home you basically like into an expensive eyesore that can also annoy the neighbors.” So, first, he recommends, select a quality architect and contractor.

Make your new home your old home — but do so without making it look added on to. Don’t do half the roof, for instance, unless you can match the roofing material: It’s very noticeable.

Veneers are great — stone, metal or stucco. Ensure, though, that this is done tastefully. “I’ve seen over the years how some professionals will overdo the application of veneers, especially stacked stone, in their attempts to create value and excitement,” Tsontakis says, “What they often create is the need for a re-do that is right.”

Tsontakis suggests also replacing windows with dual-pane, low-e glass. In addition to producing energy-savings, this will also enlarge or modify the proportions of the existing openings, expanding views and increasing daylighting. Another great addition is a porte-cochere as it protects you and your cars against the desert sun. ▸

make your landscape a splash

Essential for any remodel, especially one eyeing future sale, is professional landscaping. “The right trees, for example, can echo vertical elements of the structure; the right foliage can complement color schemes,” Tsontakis says. “No matter how good the building’s architecture is, the landscape design can enhance or diminish it.”

For years, Chris and Lisa Harlien’s Arizona Luxury Lawns and Putting Greens has been doing just that. Family owned and operated, with three offices in Arizona, one in Austin, Texas, and one in Orange County Calif., the Harliens have completed small to large projects throughout the West, including a new lawn for Hugh Hefner’s Los Angeles mansion. The company specializes in installing PGA-quality artificial putting greens.

“In today’s economy, homeowners are looking at their homes as investments rather than shifting monies elsewhere,” Chris explains. To facilitate this, Arizona Luxury Lawns and Putting Greens maintains one goal: to provide the highest quality synthetic grasses at affordable prices while also ensuring a level of customer service that, for the most part, disappeared generations ago.

“Implementing artificial grass gives the homeowner the resort style look we all love — without the high cost of maintenance and water,” he says.

Financially, synthetic grass produces a return on investment of four to five years, he explains. With a typical life span of 20 years, the grass pays for itself four times before it needs replacement. What’s more, replacing a syn-

Photos courtesy of AZ Luxury Lawns and Putting Greens.



before



Photos courtesy of AZ Luxury Lawns and Putting Greens.



thetic lawn costs 60 percent of the original cost because the underlayment has already been completed.

“Aesthetically, if you were to put two identical houses side by side, one with natural grass and one with artificial grass, I would be willing to bet the one boasting the synthetic grass and having the best curb appeal sells first,” he says.

In the Valley, the back yard is another room, given our 300-plus days of sunshine. In addition to installing a putting green, think about maximizing your desert lifestyle with some offerings of Phoenix-based Straight Line Landscape.

Travis Daher and his professional landscape crew bring more than 30 years of experience to your home.

The company installs ramadas, bars and barbecue pits, outdoor grills as well as provides complete landscape packages, including artificial turf. “Anytime,” he says, “is an ideal time to remodel — but now in particular is a great time to get your home ready for the holiday entertaining season.”

In addition, Travis suggests adding fireplaces and firepits: wood-burning or gas: These extend your opportunities for entertaining during cool desert evenings. Water features and fountains add serenity and noise buffering as well as attract the many birds that make the Valley home year round or seasonally.

“Changing your cool deck to travertine or other stone can dramatically change the look for your backyard while ▶

adding needed entertainment space,” Travis notes.

Lighting courtyards adds safety and beauty, he adds. Decking adds additional space, and flagstone, pavers and tiles also increase value and beauty. Sports courts are popular, especially with the various heat-resistant surfaces now available. And, of course, you can add a pool and spa or reconfigure those that you have.

Mike Ferraro’s Scottsdale-based Phoenician Pools has been doing both since 1985, installing and rebuilding about 30 to 40 pools and spas annually.

He suggests adding a Jacuzzi, a diving or play pool, a negative-edge pool,





water features in and adjacent to the pool or just refinishing your existing pool as with glass tile. He notes that a variety of new highly efficient cleaning systems are available as well as energy-efficient solar and computer systems.

“Whether you’re thinking basic or extravagant,” Mike says, “a pool will add to your home value and ‘wow factor’ — and can be the difference whether someone decides to buy, or declines on, your home.” ▷

Opposite page: photos courtesy of Straight Line Landscaping.

This page, top: photo courtesy of Phoenician Pool Construction.

This page, left: photo courtesy of Straight Line Landscaping.

face it: cabinets and kitchens turn heads

"Remodeling makes sense right now," says Cortny Murdock, general manager of Mesa-based Burdette Cabinet Co., which offers a variety of cabinetry, millwork and furniture styles, ultra-modern to old world. "Many families love their neighborhoods and surrounding areas that they see no need to move once their home receives a little TLC."

Brothers Gary and Roger Understiller established the company in 1984, today owned by Gary, who is assisted by daughter Cortny and husband Justin.

Some clients want an extensive remodel in which old cabinetry is removed and replaced, while others

choose to give their old cabinetry a "face lift," she explains, noting that Burdette designs, engineers, manufacturers and

installs its own product with no modular products or outsourced cabinetry.

The remodeling process is easy, she explains. A Burdette designer meets with you to discuss your needs and what is best for your space. This includes noting any structural changes that may need to be made. Burdette then provides CAD three-dimensional drawings and other samples of the finished cabinetry.

"During the course of the project, we work very closely with the homeowner to ensure their remodel will turn out exactly how they were envisioning," Cortny explains.

Everyone's favorite room, the kitchen is the usual place to start for cabinetry and millwork such as eating and serving islands. For remodeling, Westar Kitchen and Bath, with Scottsdale and Tempe locations, services both trade professionals and consumers.

"Given the current economy, remodels are on the rise to increase the value of a home as well as to refresh the current living environment for those who are plan-



This page: Burdette Cabinet Company. Photo by Scott Sandler.

Opposite page, top: Burdette Cabinet Company. Photo by Scott Sandler.

Opposite page, bottom: photo courtesy of Sub-Zero Wolf.





before

ning to stay in their home for a longer period of time,” says Lisa Ono, marketing director for 30-year-old company, a subsidiary of Sears Holdings Corporation, based in Hoffman Estates, Ill. She adds that remodels most often incorporate more energy-efficient products and materials.

“Providing the right home appliances and plumbing products at the best prices to satisfy our customer needs is our number-one priority,” she says. Among those lines are Asko, Bertazzoni, Electrolux, Gaggenau, GE Monogram, Kenmore, Mytag, Miele, Thermador, Viking, Wolf and Sub-Zero.

Specializing in these last two kitchen appliance lines, the Sub-Zero Refrigeration & Wolf showroom in Scottsdale offers premium refrigeration and cooking products. Both are long-standing companies, offering quality and company backing, notes Whitney, Trade Director.

Sub-Zero has been selling premium refrigerators and freezers for more than 60 years, and Wolf began in 1934, established as The Wolf Range Company in Los Angeles by brothers, Al and Hyman Wolf.

Investing in quality is smart, Williams says. Sub-Zero, for example, warranties products for 20 years. Return on ▶





investment is excellent when quality is selected, she says. "Homeowners with a Sub-Zero unit in the kitchen will often find that it pays for itself when it comes time to sell. Kitchens sell homes and homebuyers know top-quality kitchen appliances."

Among those products are the Energy-Star Sub-Zero stainless steel side-by-side with ice and water in the door and water filtration, the Sub-Zero Wine Storage and the Wolf Dual Fuel Range — a dual-convection electric oven and a sealed gas stove top.

This page, top: Westar Kitchen & Bath. Photo by Nancy Hugo, CKD.

This page, left: photo courtesy of Sub-Zero Wolf showroom.

Opposite page, top: Burdette Cabinet Company. Photo by Scott Sandler.

Opposite page, bottom: photo courtesy of Closet Masters.

open your home to new closets, your ears to new sounds

for their stuff,” says Ron Ostash, owner of Scottsdale-based Closet Masters. “Upgraded closets offer more space, convenience and home value.”

He notes that an organized closet can usually increase hanging room and shelving and, in the bedrooms, having drawers in the closet can make more room for a television and other furniture. And, if you’re thinking of selling your home, a buyer will be impressed with upgraded closets — even if it’s a basic design, he says.

Besides custom closets, Ron’s company also designs and installs garage cabinets, office systems, entertainment systems and storage for pantries and laundry rooms. His high-end products may include items such as crown molding, base trim, flutes, wall backing and dovetail drawers with full-extension ball-bearing glides. But, a low-priced line is also available — CM Closet, which can be installed for less than a home store do-it-yourselfer, he says.

You can also put some of your new electronics in those closets. Douglas K. Underhill’s Scottsdale-based Integrated Systems Corporation offers a complete line of products that will keep you hip, safe, well informed and entertained at the highest levels.

His company installs media projection rooms as well as a variety of electronics systems: security; security camera; analog and digital phone, including point to point; central vacuum, data, including wireless; outdoor drop-down projection by pools; and home audio distribution and home automation.

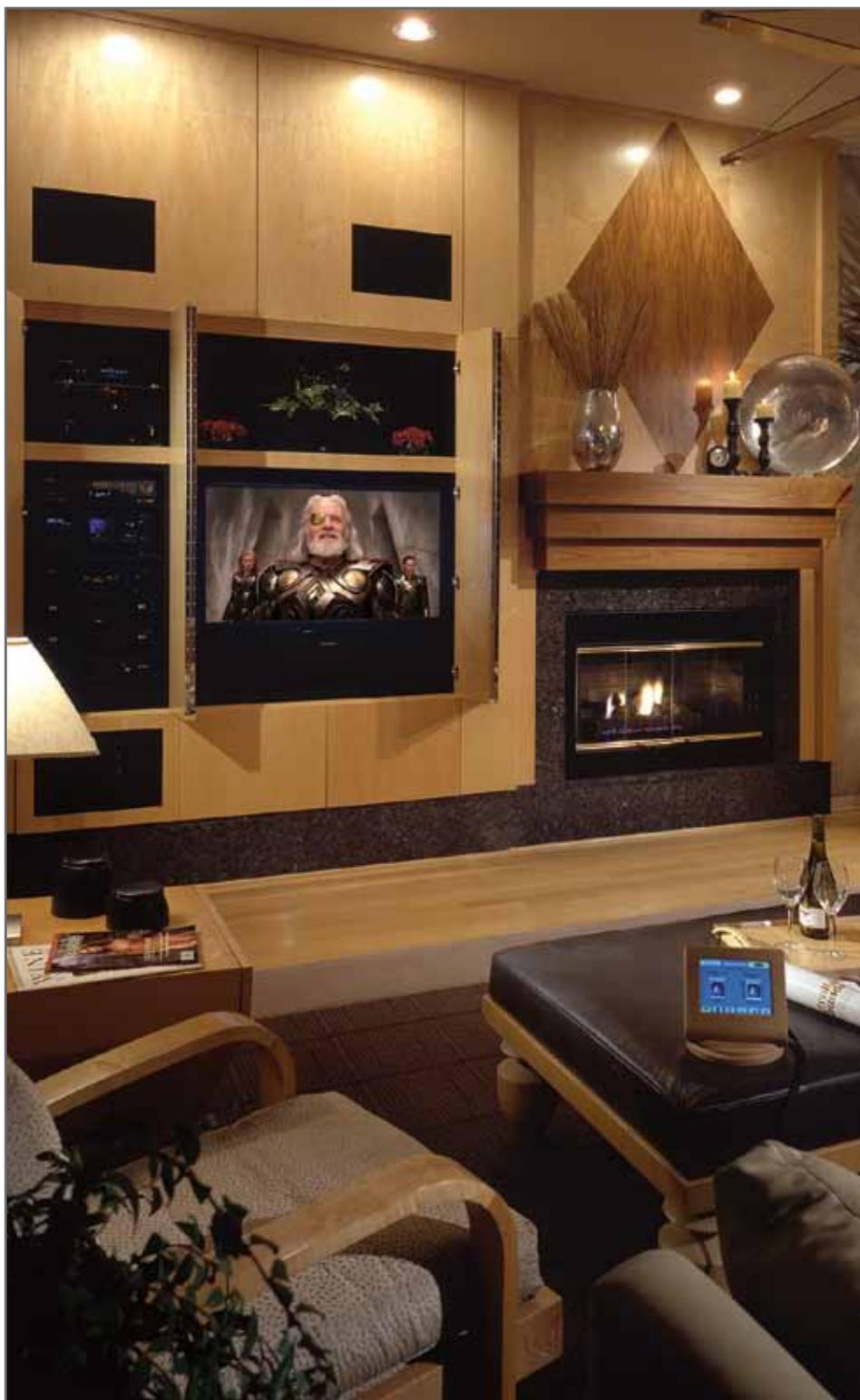
Doug started doing custom speaker installations in 1975 in Lake Tahoe and then two years later moved to Beverly Hills, where his business mentor was industrialist Robert P. McCulloch, developer of Lake Havasu City and Fountain Hills, Ariz.

The trend for rebuilds and newbuilds are multi-media servers that download, store, compile and inventory all your media in one place, Doug says. “It’s a big iPod for you home,” he says, noting that Crestron and Kaleidescape both have good units.

Make sure your electronics integrator plans for the future: “We are starting to prewire and use fiber optics in homes now,” he says. “With fiber optics, we can send a lot of information a long way from the source.” ▶



Photo courtesy of Integrated
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"BOUNCING BACK" AFTER PREGNANCY

BY KENDRA JORDAN

The postpartum period is very exciting for most women, but it can be very stressful as well. Women are going through the process of healing their bodies after the marathon of giving birth and adjusting to life with a newborn. New mothers especially can be physically exhausted and may experience emotional swings due to the hormonal changes going on. However we can all admit that as women, we would LOVE to be able to bounce back from pregnancy not only for our children, but also for our own health and sanity!

As a starting point, we have to remember that the abdominal muscles stretch a great deal throughout 9 months pregnancy, and the challenge is to restore the proper strength, tone, and awareness of these extremely important muscles. Practicing proper exercises such as the Pilates technique, which focuses primarily on the deep core muscles in a controlled, precise manner will do wonders for regaining vital body awareness, improving posture, and abdominal strength. What's not commonly known is that although practicing Pilates will aide a woman in regaining her strength and physique post partum, it is even more effective in helping a woman "bounce back" after a baby if the practice is done before AND during pregnancy. Joseph Pilates claimed: "You are only as strong as your center".

SHAPING UP



THE POSTPARTUM BODY

Without getting too far ahead of ourselves, remember that after giving birth, obstetricians and midwives generally instruct women to abstain from exercise for six weeks. The six-week guideline is based on the fact that it takes about that long for the uterus to heal from the birth. Resuming a high activity level too quickly following birth can impede the healing process, which is the most important step to complete before beginning an exercise program of any kind.

Of course the demands of new motherhood are quite taxing alone, so use this time to adjust to your new lifestyle. Newborns are often very fussy initially and may need prolonged periods of standing and rocking or swaying. This requires new mothers to stand up and hold the new baby for long periods. Clearly, new mothers are extremely active—especially if they have other small children at home—and they will be doing all of these new activities with extremely weak abdominals and major postural weaknesses.

It is understandably difficult for new mothers to focus on finding time to exercise. But it is important for women to spend a couple of minutes a day practicing engaging the core muscle groups in an effort to begin shortening and strengthening them. This will also help women regain their feeling, or “connection” to these muscles, which can be easily lost over the course of 9 months. When the abdominal and pelvic floor connection is lost, it makes it that much harder to regain strength there! Women who spend just a little time working on supportive exercises often have an easier time handling the physical stresses of new motherhood.

Research has proven that people who strengthen their muscles before and especially immediately after a surgery or major event such as childbirth or cesarean section have a better rehabilitative outcome. Women who begin strengthening the abdominal muscles and addressing the scar tissue early on will have a better outcome in recovery. The sooner we address muscle weakness after a traumatic event, the sooner the body heals.

AFTER THE FIRST SIX WEEKS...

Ahh! Finally after the first six weeks, many women, although still exhausted, tend to have an increased motivation to begin exercising. And they have finally gotten clearance from their doctor to begin an exercise regime again. At this point, the focus should be on advancing the core stability program but with a continued awareness that the body is only just beginning to reconnect and develop normal strength levels. Use this opportunity to seek out the help of a professional, the investment and valuable feedback can mean all the difference in your strength and progress. This is where very detailed and precise Pilates exercises on the mat, or even more effectively, on the Pilates equipment, can work wonders on focusing on strengthening the body from the INSIDE out.

This may come as a surprise, but on average it takes most women (even extremely fit women) approximately six months to one year to regain FULL control and strength of the abdominals. So, a woman must constantly remind herself that this is a slow process and one that should not be rushed, even months after having a baby. The more persistent you are the more changes you will see! Advancing abdominal strengthening too quickly can jeopardize the safe and correct joining of a vital connective area that binds the abdominals together like a girdle. Without slowly and safely developing this connection and body awareness, overaggressive abdominal exercises and incorrect form can leave women with a central weakness that is difficult to reverse. This is not always something that women can feel, but it is most evident if they later go on to have a subsequent pregnancy.

RESTORING POSTURE

Pregnancy causes major postural changes in a woman's spine. All of the spinal curves become more exaggerated, and these excessive spinal curves do not just magically disappear postpartum. Gluteal, hamstring, and hip flexor stretching are necessary as many pregnant women continue to have hip and back pain after the birth. This only gets worse as they carry their growing children on one hip, which moves the pelvis and spine out of alignment and creates muscle imbalances: another reason why Pilates is the miracle technique! Posture, body awareness, core strengthening, improving flexibility in tight muscles in the back and chest; all of these vital components make up the driving principles of Pilates. Becoming aware of postural habits is the first step towards correcting them.

Pregnancy and postpartum is an incredible and exciting time but not without its physical challenges. New mothers need to be strong to handle all of the stresses that are placed on their bodies. Babies get heavy rapidly, and mothers need to be able to carry their babies into their toddler years. We need to take care of our bodies not only for our own physical well being, but also to keep up with our children!

Kendra Jordan has been a Pilates and athletic rehabilitation expert for 10 years. She owns and operates k Pilates in Mesa & Karve Studios in both Mesa and Scottsdale. □



12 WAYS TO SAVE MONEY AND YOUR TEETH

by Carlos Vallecillo And Rossana Menna

1. Floss every day. Flossing removes plaque and debris that stick to teeth and gums between your teeth. Plaque is a soft, sticky accumulation that occurs on teeth and gum tissue. It is the host to a complex system of microorganisms including bacteria which cause inflammatory diseases of the gingiva called gingivitis and periodontitis or gum disease. If plaque is left on the teeth it increases in mass and thickness and the number and types of bacteria increase. Gingivitis is a result of increased plaque and results in swollen and red gums that bleed easily. If plaque continues to accumulate mineral salts are deposited into the plaque and calculus is formed. With the formation of calculus, periodontitis or gum disease can take hold. Calculus cannot be removed by brushing or flossing requiring a visit to the dentist to be removed. Accumulation of plaque also leads to caries (cavities).

2. Brush your teeth twice a day. Brushing your teeth twice per day, once after breakfast and once before going to bed removes plaque and food debris from our teeth preventing caries, gingivitis, periodontitis or gum disease and bad breath. It is important to use toothpaste that contains fluoride and has the American Dental Association seal of approval.

3. Use a soft toothbrush. It is important to use a soft toothbrush to avoid causing wear at the necks of our teeth. A medium or hard toothbrush can be very destructive to our teeth especially if coupled with a strong vigorous sawing brushing action. It is important to brush with gentle circular motions to avoid causing undesired wear which lead to sensitivity and the need for dental restorations or fillings.

4. Drink less pop. Pop contains acid. This acid attacks your teeth and causes demineralization which weakens your teeth and makes them porous and provided a place for cariogenic bacteria to take hold. Each acid attack lasts about 20 minutes. After 20 minutes your saliva buffers the acid attack and starts the process of remineralizing your teeth. The acid attack starts over with every sip of pop. In addition to decay or cavities or caries, drinking a lot of pop has been linked to diabetes, obesity and osteoporosis. All the calories in pop come from sugar. There is no nutritional value in pop.

5. Eat less candy. Candy contains sugar which is fuel for the bacteria which causes cavities. Nowadays candy is not only sweet but it is also sour. Extreme or intense sour and fruity flavors have added another popular source of dietary acid and this is contributing to the prevalence of erosion or melting teeth in addition to decay.

6. Chew sugarless gum. Make sure you are chewing sugarless gum to avoid providing sugar which allows cariogenic bacteria to produce cavities. Even better chew gum flavored with 100% Xylitol. Xylitol is a natural sweetener found in plants and fruits. Pure xylitol is a white crystalline substance that looks and taste like sugar but has 40% fewer calories. Xylitol is used in sugar-free gum and mints. Xylitol has been shown to inhibit the growth of *Streptococcus mutans*, the oral bacteria that causes cavities.

7. Get your cavities filled. When caries has been detected it is more inexpensive to have the tooth restored to prevent the caries from getting larger, which could lead to more extensive and expensive treatments, and not treating cavities can lead to infecting other teeth with caries as well.

8. Treat gum disease. If your dentist has determined that you have gum disease it is important to have the gum disease treated and to maintain your 3 month cleaning schedule to prevent tooth loss and more expensive treatments to replace missing teeth.

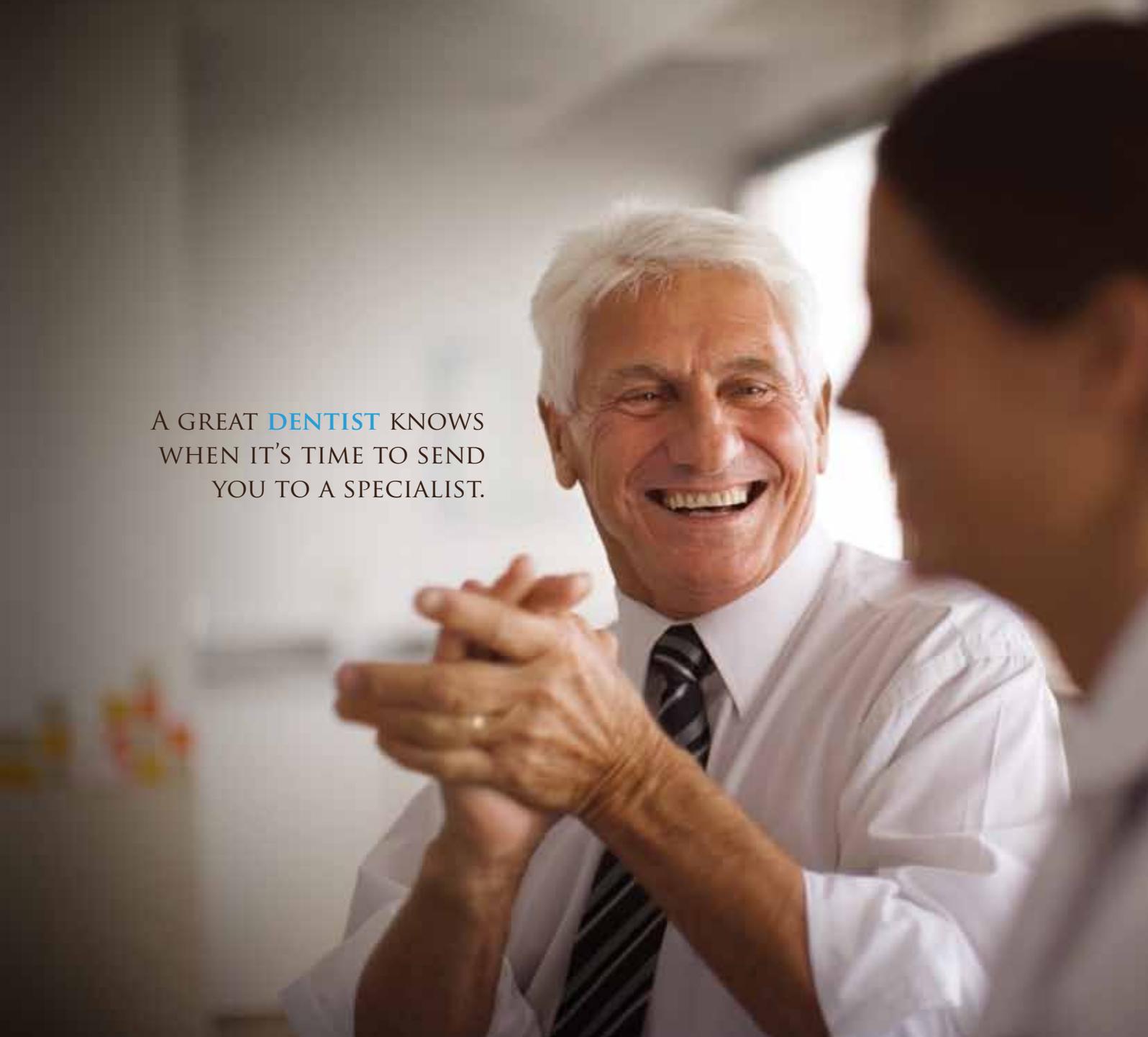
9. Quit smoking. In addition to the harm smoking can cause to our lungs it is also a risk factor for periodontal disease and oral cancer.

10. Wear your retainer or night guard. If you had braces, you were given a retainer to hold your teeth in place. If you do not wear your retainer your teeth will move again and you will need to get braces again to straighten you teeth. If your dentist has prescribed a night guard for grinding or clenching wearing your night guard every night will prevent wear and stress on your teeth.

11. Visit your dentist every 6 months for exam and cleaning. Regular exams can spot problems when they are small and therefore more inexpensive to fix. Regular cleanings help to prevent plaque and calculus buildup which can lead to decay and periodontal or gum disease.

12. Start your kids early on all of the above. As many parents know kids are our biggest expense. Taking them to the dentist as early as age 3, insuring that they get regular checkups and instilling these habits at a young age can insure good dental health and reduce the need for extensive dental procedures.

Carlos Vallecillo, DDS and Rossana Menna, DDS, are a husband-and-wife team practicing at their office, Mona Lisa Dental, in Gilbert.



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WHEN REALITY BITES

GENDER NOT A MINOR THREAD IN THE FABRIC OF RETIREMENT

by Mark Wiegenstein, CFP®

Nearly as many employed women as employed men are contributing to employer-sponsored, tax-advantaged retirement plans according to a recent survey by the Employment Benefit Research Institute. Another survey found that nearly as many women as men overall contributed to a tax-advantaged retirement plan of some sort (63% of women; 68% of men).*

Yet women are more likely than men to worry about all aspects of retirement. They are more likely than men to spend their later years in poverty.

Academic research shows there are good reasons for women to be more concerned than men about retirement. The imbalance stems from simple facts of life – most women earn less than men over their working careers – which are often interrupted for childbearing and child care – and they live longer, which means, among other things, that women are likely to spend more years in costly assisted living or nursing home facilities. It's not a surprise, then, to find that women tend to have lower retirement assets and income, spend more time as sole financial and lifestyle decision-makers, and worry, more than men do, about long-term healthcare and outliving their assets.

No Simple Fix

For some of these circumstances, there is no "fix."

Women are likely to continue to have families in their late 20s and early 30s, even if that means taking a break from a career position just as their male colleagues are gaining promotions and moving up the corporate ladder. During those months or years out of the office, not only are 401(k) contribution possibilities lost, but, depending on the career, vital skill sets may become outdated or intended job paths diverted because of personal decisions.

Confronting Reality

However, that doesn't mean women should follow in the footsteps of some, who, according to most surveys, elect not to think about retirement. A better move is to accept the realities as they are and determine to deal with them.

It remains essential that as women approach the idea of retirement, they fix their sights on a somewhat longer retirement than the average man and plan accordingly.

"Women are likely to continue to have families in their late 20s and early 30s, even if that means taking a break from a career position..."

What Women Can Do to Improve Retirement Outlook

Women can take some practical steps to spruce up their retirement prospects.

Start saving early using a 401(k) or other available tax-advantaged retirement savings arrangement. As your investment portfolio grows, make sure its assets are allocated intelligently to balance growth and risk.

True, there is considerable evidence that women are more risk-averse than men, but you can help put that idea to rest by assuming enough risk to allow your investments to grow to support your financial goals. Your worst retirement fears could be realized if you choose only "safe," low-return investments. Inflation is an enemy of retirement savings; it may well outstrip the "safest" investments.

If you take a few years out of the workforce to raise a family, don't forget that your working husband can contribute to your spousal IRA. And if you're married, try to take an active role with your spouse in meeting the challenges of planning for retirement. In addition, invest in a healthy lifestyle, because it gives you the potential for a longer, more enjoyable life while possibly lowering current and future healthcare costs.

Don't underestimate your life expectancy – add a few years to your estimate. And as you plan for a long, healthy retirement, consider your need for life, disability and long-term care insurance. As you get closer to retirement, be sure you're planning for an income stream to supplement Social Security and whatever pension funds you might expect. Whether you have only a short time or many years before you retire, taking positive steps encourages the kind of confidence you'll need to succeed.

* Sources: *Bankrate.com*, *Women's Institute for a Secure Retirement*, *AARP Bulletin*, *The Hartford Advance 50 Team/MIT AgeLab*.

Providing investment services in East Mesa for more than 20 years, Mark is a CERTIFIED FINANCIAL PLANNER™ and Registered Principal offering securities through Raymond James Financial Services, Inc. Member FINRA/SIPC. Material prepared by Raymond James for use by its financial advisors.

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Casa Blanca Estates

Extraordinarily opulent, this spectacular estate boasts luxuriant grounds with soft grassy lawns, towering trees, quiet courtyards and expansive patios. Formal rooms with multiple chandeliers. Kitchen with snow-white marble, Lacanche range. Family room with floor-to-ceiling fireplace column, sensational ceiling motifs. Guest quarters. Cabo-esque cabana. Diving pool, bocci-ball court.

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Oh-my-gosh gorgeous, this lavish estate is nestled alongside the Camelback Country Club golf course. Living room with hardwood floors, recessed doors. Kitchen with wraparound bar, tumbled travertine. Guest house with disappearing doors to golf course patios. Spectacular rear grounds with sprawling patios, shimmering pool, dramatic boulder water feature, clay tennis court, BBQ kitchen.

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Opulent Sophistication

Filled with sophistication, this opulent home is nestled against the Camelback Country Club golf course. Living room with world-class frescoes. Kitchen with hand-peeled pine, Italian granite. Galleria with 24K-gold French-patina. Elevator to posh master with veranda. Guest house with bar, wine cellar. Bucolic rear grounds with wrap-around patios, kitchen, tennis, pool, pine trees. Two-plus acres.

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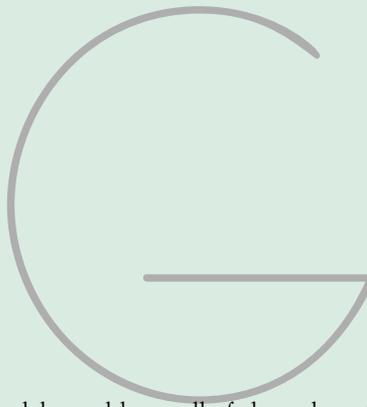
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raced by a lush undulating lawn, tall swaying palm trees and a colorful scattering of flowers, this uber-sophisticated white-glove home awaits your every desire. A veritable paragon of exceptional elegance and world-class design, the genteel residence seduces the senses from the moment you set eyes upon the grand entry hall. Flaunting a cascade of groin-vault ceilings, the interior loggia exquisitely presents itself with barreled archways flattered by delicate frescoes...all suspended high above a regal sentry of statuesque pillars.

Backdropped by a wall of sheer glass view windows, the formal living room is straight ahead and preens with palatial coffered ceilings and a dramatic Canterra stone fireplace, creating a superb ambience from which to entertain friends, colleagues and loved ones. To the right, the dining room is blessed with a stunning Roman box ceiling outlined with subtle artistic renderings reminiscent of ancient Italy. Tucked away to one side of this shamelessly swank space is a step-down wine cavern; sporting a tightly-bricked monastery look and feel, this sheltered wine lovers' abode enjoys a bistro tasting area as well as a plethora of storage for your treasured vintages. Around the corner and towards the far end of this wing is the ultra-posh theater. Appointed with a bevy of plush reclining seats, this state-of-the-art media center is lined with sound-dampening walls and an extraordinary starburst-vault ceiling accoutrement. ▶

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The ultimate pleasure for a discriminating bon vivant, the virtuoso kitchen radiates gourmet passion with its rich hardwood cabinetry with braided wood accents, a magnificent inset ceiling and a double-beveled-edge island that shimmers with a wealth of pearlescent granite. Close-by is a bay-paneled breakfast room that seamlessly segues into the well-dressed family room, a dazzling scene with vaulted trestle-beamed ceilings. Before we leave these luxurious living spaces, we'd be remiss if we miss pointing out the designed-to-perfection entertainer's wet bar that features a nearly wraparound granite sit-at bar-top. A next-door artwalk corridor leads to a generously-sized wing that is host to multiple en suite bedrooms along with a bonus flex room ideal for a teen gathering place, playroom or study center.

The opposite wing is where we'll find the handsome, and dare we say, debonair, upper crust Englishman's library/study. Unsurpassed in every conceivable way, this beautiful room swaggers with sumptuousness, boasting an ornate hardwood tray ceiling, wide-planked floor and twin walls of fine-furniture-quality built-ins. A secluded sanctuary, the seductive master retreat encompasses the remainder of the western wing, stopping the visual presses with a romantic bedroom with a wave-vault ceiling that creates a peaceful, almost cloud-like effect. A decision-point foyer reveals the lavish bath that will pamper the most ▶



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self-indulgent among us with its deep bubble-jetted tub and walk-in rainforest shower with pulsating massage jets. Wardrobe connoisseurs will fall in love at their first sight of the two-story master closet that enchants with a dressing area and custom wrought-iron spiral staircase to the closet's upper reaches. Putting the final provocative touches on this adult inner sanctum are the separate exercise room and private fresh-air courtyard with its soothing spill-over aqueduct water feature.

his majestic estate's rear grounds show off with an eloquent alfresco kitchen and bewitching dining, dancing and conversation terraces, all nestled beneath a 2,500-square-foot covered ramada with a lodge-style roof. Luminescent in the moonlight, the heated pool is an incandescent wonder, snuggled as it is around a multi-level scuppered fountain. Additional opulent amenities include a rooftop stargazing veranda, spacious two-bedroom guest house, pool house, in-ground spa, putting/chipping green and a lighted sport court with a rubberized surface. □



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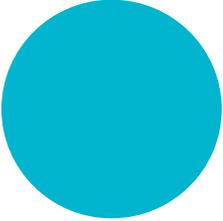
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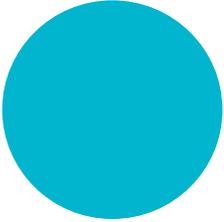
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A Well Designed Retreat

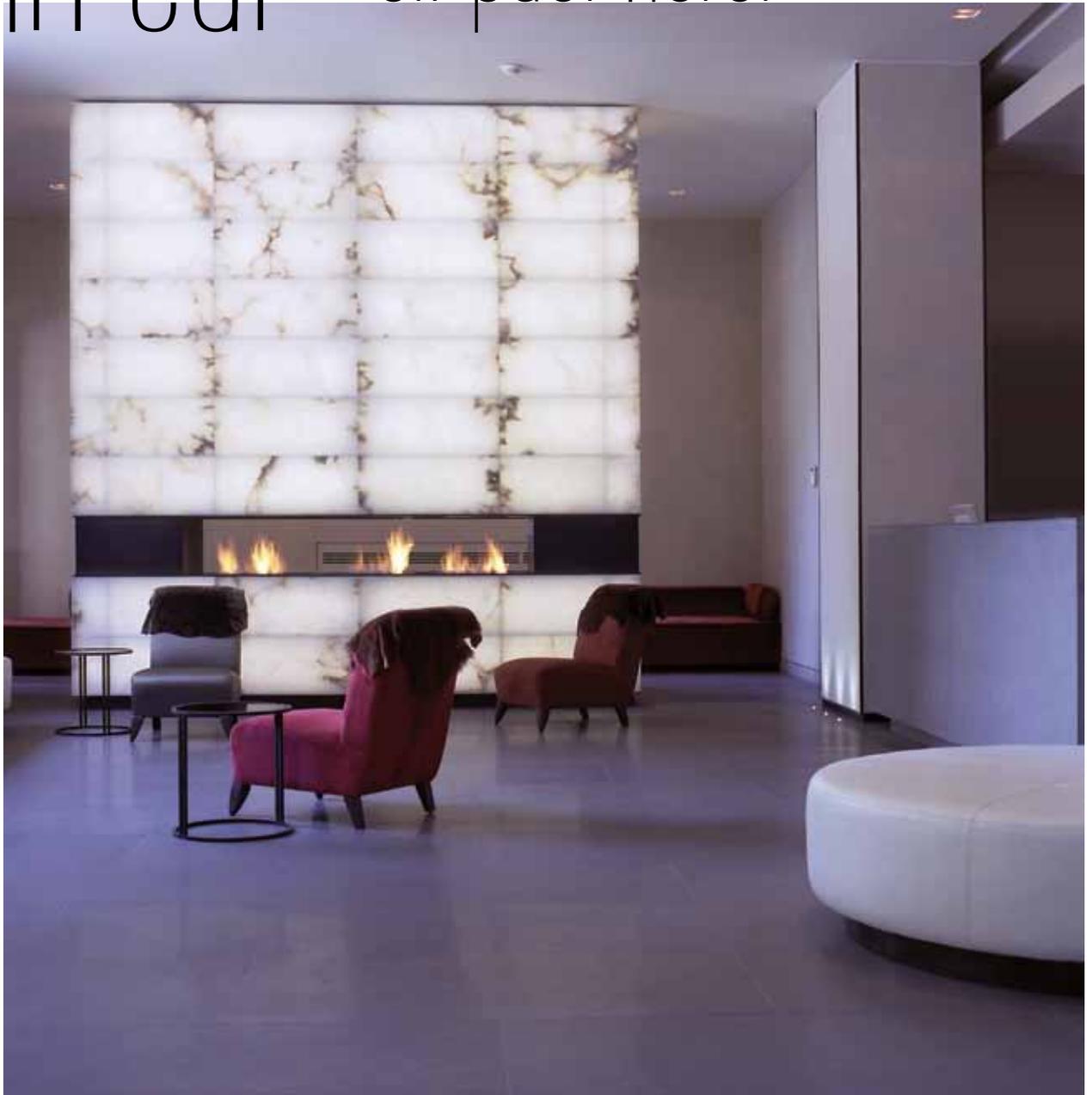


WITH A LITTLE EFFORT, you can plan an exciting adventure, which starts with your hotel. The key is to look for a hotel that takes a different approach to creating a retreat, stepping outside the box, reaching to create a different, daring environment. After a busy day of sightseeing or shopping, wouldn't it be nice to enter, a space that is not only warm and inviting, but surprising and inspiring? Designer hotels are the newest trend, providing a one-of-a-kind experience, like none you've ever had before, and one you won't soon find again. Here are three hotels that go beyond offering the expected; pretty, comfortable, and predictable to offering the unexpected; beauty, elegance and drama, sure to make your stay unforgettable. ▸

by reisha zang

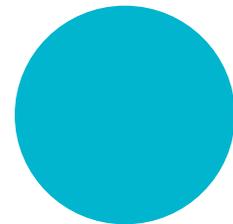
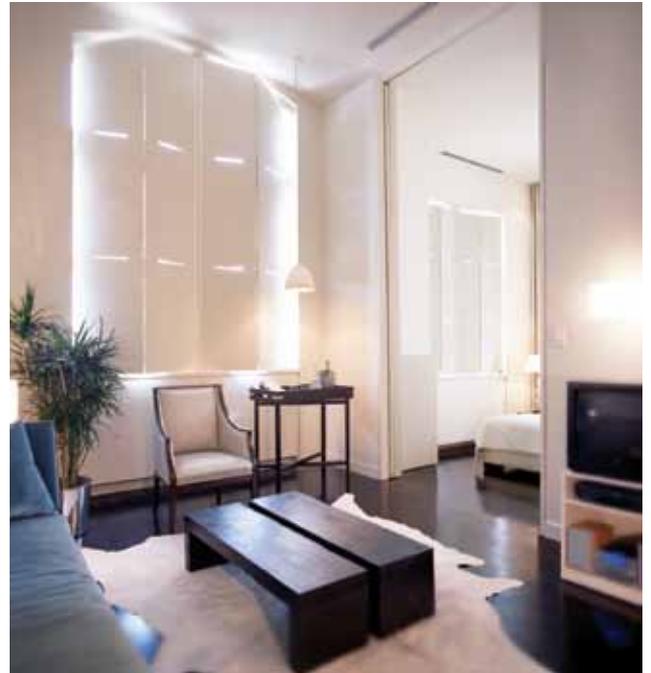


montreal st. paul hotel



The St. Paul Hotel in Montreal, Canada gets high ratings on all of these points. “I would say that our guests love to stay here because it is truly an experience: from the textures to the scents to the lighting design, it gives them the chance to indulge in modern luxury,” says Valérie Chouinard, of the St Paul Hotel. Included on the “Hot List 2002 – 32 of the coolest new hotels” by Conde Nast Traveller, UK edition, The St. Paul is in one of Montreal’s trendiest areas. It is located in fashionable Old Montreal, near to the Old Port, Convention Center and the Subway, while in walking distance to downtown shopping.

Ana Borrallo and Carlos Aparicio designed the hundred and twenty room hotel with a soft, monochromatic design palette to create a peaceful atmosphere. Borrallo says, “My favorite feature is the building itself, which was the inspiration of everything else designed in the hotel.” With a nod towards the basic elements of Canada...fire, ice, earth and sky, are incorporated throughout the historical building. She values, “authenticity to the place: country, city, and neighborhood.” From the beautiful fireplace adorned with alabaster rock in the lobby, to the “earth” rooms featuring strength and the “sky” rooms highlighting space and light. Every guest room integrates silk, stone



and raw metal materials. The Deluxe Suite has three separate living spaces, with the focal point being the “curtain room”, where the bed seems to float into a lit fabric wall. “Natural fibers on fabrics, always gives you a sense of real luxury,” says Borrallo. This luxury is conveyed throughout the suite, with a bathtub built for two and unique custom designed pieces blended with Paris flea market finds.

When booking a hotel for herself, Borrallo looks for “good, agreeable service and integrity.” She defines integrity as, “a correct relationship between

the price and the quality.” The St. Paul puts a high value on these qualities as well. “Another reason that guests like to stay here is the personalized attention that our staff offers. It is extremely important to us that our guests feel at home when they visit us, says Chouinard. She believes, “You can have a beautiful property, but the absolute most important element is the attention and service-level that the team provides.” Bringing together a high level of service and beautiful surroundings, in the perfect spot truly creates a well designed vacation. ▶

new york city crosby street hotel



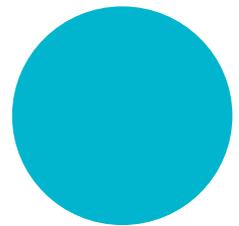
In New York City, this spot is in Soho. The Crosby Street Hotel is in the heart of it, between Prince, Spring and Lafayette Streets. Kit Kemp, the design director of Firmdale hotels, loves the area. "I like the cobbled streets and the warehouse feel and the fact that everywhere I look neighbors are walking their dogs," she says. In her first design outside of London, Kemp says, "It was such an inspiration when designing the hotel." She designed this eighty-six room hotel from the ground up, on a vacant lot that was used as a parking lot, allowing her to pay respects to this special neighborhood. One of her favorite things about The Crosby Street hotel is "the over-sized floor to ceiling warehouse style windows which reflect the industrial and manufacturing heritage of the area."

Kemp continues this tribute in each of the individually designed guest rooms. The bedrooms and suites are spacious with high ceilings and full length windows that let in light and a view to the fabulous city skyline. The designs are each unique, some with bold color and pattern, others more tailored and neutral. Beautiful fabrics, antiques and custom designed pieces are an important part of the overall effect in each room. She creatively blends the old and the new, with original artwork and sculpture. "There is a mannequin in all of the bedrooms as I wanted to have something that was sculptural," she explains. She says, "I cover them with some of the same fabrics that are in the room, because I think you sometimes don't see a fabric because it may be creeping up into a curtain. But when you get it flattened and smoothed around a female body you can appreciate the design more." These mannequins add an unexpected touch of whimsy and purpose. "It's really useful: you can hang your jacket on it or put your scarf around it or even your



jewelry if you want. Or you can dance with it!" Kemp says.

These unique touches don't stop with the décor. The staff is empowered to make each guests' experience exceptional. General manager Jakob Hansen says, "It is all about the individual -guests and staff alike. We strive to constantly inspire the team, to listen and give them the confidence to act together." This attitude helps them to "achieve unparalleled attention to detail and the high standards of personal service that are so paramount to achieve our guests' expectations", he says. This unique approach to caring for their guests, combined with the charming neighborhood and bold design help ensure that all expectations are exceeded.



bahamas

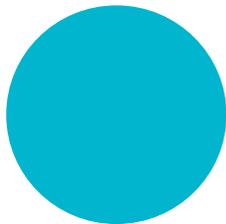
pink sands resort



Designer hotels are not only reserved for a city, Harbour Island is home to InStyle magazine's 2008, "Coolest Hotel in the Bahamas." The Pink Sands Resort, in the Caribbean, is one of designer Barbara Hulanicki's most beautiful beach resort destinations. This eighteen acre retreat is nestled along a three mile stretch of pink sand beach. And yes, the sand really is pink and one of Hulanicki's favorite things about the resort. "At sunset the light reflects on the sand and it seems as if the entire

beach is engulfed in a pink glow. It's absolutely beautiful," she says.

This beauty is reflected throughout the resort. There are twenty five pastel cottages scattered over the property, filled with soft touches. Throws on the bed, coral pillows on over-sized chairs and Anichini linens provide subtle luxury throughout the suite. And these soft touches don't stop in the bedroom; the feeling is carried through to the powder rooms. Hulanicki believes in the bathroom, "great



lighting is key.” “The lighting in the bathrooms has to be flattering. I generally use low voltage lighting- but I do so in excess,” she says. Dark wood lamps and shutters add a contrast bringing organic materials into the space. These touches, including in-room spa services, create a peaceful environment, perfect for relaxing and enjoying a beach escape.

This feeling of peace and indulgence is enhanced throughout every aspect of each visit. The hotel’s General Manager, Mark Kitchen prides himself on being able to provide a remarkable experience for each of his guests. “Pink Sands is such a personal experience; a feeling our guests leave with. Something they remember for a long time; something special that brings them back,” he says. He knows that the fabulous beach and

beauty of the island certainly contribute to a spectacular stay. But there is more, including the privacy the accommodations provide and amazing cuisine offered in their restaurant. On top of all that, Kitchen truly believes it is the atmosphere all the staff set throughout the resort which impacts guests the most. He says, “Service flows with a casual Island feel while being attentive to the most discerning clientele. It is a personal experience like no other.”

A unique experience is something all of these special hotels offer. When looking for the perfect place to stay, Kit Kemp says it best, “Any decent hotel room should feel like an adventure and fantasy all in one.” Discovering a designer hotel can be the first step to experiencing a great adventure. □

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from
ordinary
to

Extraordinary

at home

Imagine your home transformed. Aladdin-like, you now have stellar city lights views above Ahwatukee in the East Valley. A magnificent golf course is just across a lush wash: Superstition Mountain near Gold Canyon? Lake access for sunset pontoon rides is at your dock: Dobson Ranch in Mesa.

A few more lamp rubs: A full-service club house awaits your daily visit: Silverleaf at DC Ranch, north Scottsdale. Personalized clubhouse dining is farther north at Desert Mountain. One of the Valley's many outstanding architects has helped transform your existing home to your new home in this ideal Sonoran Desert setting.

Now, you program an interior with six of the Valley's finest designers, bringing a century-plus of experience and smarts to your door to make a blah "before" into a sublime "after." Each has selected a room from one of his or her favorite recent remodeling projects.

The result: a paradigmatic home that wins awards, for sure — but, more importantly, a space that awards you and your family every day with comfort, beauty and joy.

Let's start with the daily side of the home: the family, living and great rooms and the kitchen. We'll retire at the master bedroom and its luxurious bathroom. ▷

6 INTERIOR
DESIGNERS
TRANSFORM
6 ROOMS

by david m. brown

Caroline Tyler DeCesare

FAMILY ROOM

The daughter of a longtime friend and client and her husband approached Caroline DeCesare, principal of Mesa-based DeCesare Design Group, with a minimal time frame and a budget.

In two-three years, the young couple plan on completely remodeling and “gutting” their four-bedroom, three-bath Arcadia home. “Our challenge was to make the house livable for their family — two toddlers — within six weeks and with a construction budget not to exceed \$50,000.

Built in the ‘60s, the home had not been renewed since. “Their goal was to get the home to a clean crisp child-appropriate condition without spending too much,” Caroline notes, adding that she also had only 60 days to complete the work.

The main challenges of the existing family room were the orange brick, the blue wood wainscot, the orange-peel ceiling and, as Caroline notes, “the horrible flooring.” She notes: “The room seemed more like a long bowling alley than a real room.”

Her solution: She did a white-out on the brick and removed the blue wood paneling and the orange-peel ceiling and added a simple light wood floor: “We were able to both make the space feel bigger and cleaner.”

In addition, by choosing a comfortable slip-covered sofa, Caroline and her team maximized the seating space in the room and create a graceful division with the console and lamps between the family room space and the breakfast nook area. The area rug, she notes, has also helped define the family room area.

The wife’s father does fine art photography, so Caroline incorporated some of his pieces. She also did a family gallery that includes both professional photographs as well as the clients’ snapshots. With the help of her sister, a professional photographer, Allison Tyler Jones, she changed two of their favorite snapshots of the two boys to black and white and enlarged them on two huge canvasses.

“This was an inexpensive way to make very fun and personal artwork — and really make the house a home,” she says. “The clients are thrilled with the result, and even the husband is walking around before bedtime making sure everything is straightened and in its place. I love it!” >



photo by Christiaan Blok



photo by Christiaan Blok



Nancy Kitchell & Christopher Brusnighan

LIVING ROOM



Designers Nancy Kitchell and Christopher Brusnighan recently completed a private residence in Paradise Valley for a client looking to completely update her home from the 20th to the 21st century. The scope of this project was a complete remodel of the living room, study, kitchen, all bathrooms and elements of the master bedroom as well as the redesign and replacement of cabinetry and interior doors with the help of contractor Declan Fox.

“Neither ourselves, nor the client, wanted to make significant changes to the house but wanted a completely updated and fresh look,” she explains. The house was constructed in 1985 and designed by noted Arizona architect, the late Bennie Gonzales.

Throughout the project, they worked to retain as many of the original Gonzales features as possible and yet update the house. “The challenge was that the space is very lineal and axial, perhaps a bit too big. We wanted to make the space functional for a variety of uses,” Christopher says.

To solve this, they created several seating areas for the family — making what could be a cavernous space into livable functioning areas. They retained the original floors, original tongue-and-groove beamed ceiling, Gonzales’ original front doors and the promenade of clerestory windows facing south.

“We incorporated a variety of textures with the fabric and rug selections not only to soften the space but to alleviate acoustic concerns,” Chris explains. The clients own four T. H. Robsjohn Gibbings chairs, which also provide function and effect. In addition, they used artworks to lessen the room’s volume, such as the large wall panel, an African mask over the fireplace and Eugenia Bermudez (Geny Dignac) light sculptures.

“We did relocate two existing windows to the left of the fireplace stacking them vertically to capture the view of the Praying Monk,” Nancy says, referring to an area topographical landmark. The fireplace opening was simplified and re-proportioned.

“At the opposite end of the room, we closed in the wall ‘pass through,’ a very ‘80s element, and we also re-proportioned the opening to that end of the house,” she says. “We know Bennie would approve.” >

Donna Vallone

GREAT ROOM

Donna Vallone and Scottsdale-based Vallone Design were asked to expand a family room and kitchen into a larger “great room”: The family was growing, with grandchildren and their friends and their friends and so on.

Also, as part of the scope of work on the home, they added a media room and view terrace to the existing guest suites on the upper level. In addition, they created better access to the existing pool and defined a sense of arrival through redesign of landscape.

For the great room/kitchen component, they renovated part of the old kitchen/pantry into a catering kitchen, using the existing appliances. “Thus, the clients had a full kitchen to use during the renovation process,” she explains.

They wanted to add a bar in the family

room for casual entertaining. This bar would be a re-creation of the one Donna and her team completed for the family home in Vail, Colo. Recessed into floor, the bar provides dining height top rather than typical standing height. “It looks out over the Valley with TV and computer work station for the husband, who likes to work there when he gets home in the evening,” Donna says.

A “disappearing” wall in family room allowed for greater transition from inside to outside, where she expanded patios for more seating. She added slip covers for color and flexibility.

Finally, as the clients have an extensive art collection, she highlighted a few significant and appropriate pieces for new spaces. A last gesture: “We created walls of family photos, past and present.” ▶

Both pictures are AFTER photos.
No BEFORE photos were available.



photo by Dino Tonn



photo by Dino Tonn





before



photo by Robert Reck

Elizabeth Rosensteel

KITCHEN



An award-winning Phoenix house designed by the renowned Gordon Rogers challenged Elizabeth Rosensteel.

“As designers, we always walk a tight rope when asked to remodel an existing favored architects’ project, whether it is of local renown or national,” she explains. “There is increased scrutiny and criticism that goes hand in hand when accepting a project like this.”

The original house had been custom designed for another client 15 years earlier, but her new clients had different programming needs — especially with the kitchen. “We set about to update the kitchen in a way that retained the integrity of the original architecture and gave the client a true working kitchen,” Elizabeth explains.

Following her clients’ directives, she streamlined the kitchen, eliminating the overly busy granite that fought with the flagstone floor. She extended the center island counter for seating. The opposite end of the island now has a display case showcasing objects, and the mirror reflects the view from outside.

In addition, she retained the open feel of the kitchen, working within the existing framework, but adjusted the entry stairs so they were no longer in direct view from the living room, and changed the opening to the pantry room, which expanded the workable counter surface. All of the appliances requested were then incorporated in less than 350 square feet.

She wanted Brazilian rosewood but knew that species had been listed as endangered since 1992. Her millwork fabricator told her that a gentleman who was retiring was selling his stock of wood and had a rosewood log in storage for more than 25 years. “We purchased the log, sliced and laid up our own for veneers for an exceptional furniture-quality set of kitchen cabinets,” she says.

Now the kitchen responds to the rest of the house: “The custom furniture completes the look with the built-in buffet and custom dining table made from the same veneers.” ▷

David Michael Miller

MASTER BEDROOM

Clients in north Phoenix living at the edge of a mountain preserve, requested David Michael Miller Associates to transform a dated Mediterranean-style from the '80s into an up-to-date contemporary house.

Architecturally, he had to leave the building alone, aside from adding new windows and doors, repainting the exterior and changing the roof tile. Inside, David stripped off all of the finishes and made some space-planning changes such as raising or lowering ceilings, relocating supply and return air in some areas, changing door heights and designing millwork to support the style of the house.

In the master bedroom, he selected a taupe flat wall color over the original but banal Navajo white. Carpet was replaced with plain-sliced American walnut floors, selected for their richness in color and bold grain pattern. Topping these are leather-bound wool area rugs.

Interior doors were custom designed in a contemporary Shaker style — to somewhat embrace the traditional origins of the house architecturally. Cast bronze door and millwork hardware from Rocky Mountain Hardware lends a look of bold simplicity.

The new furnishings embrace the more contemporary character of the altered house. Sleek stylish draperies replace pleated shades. Artwork through is used sparingly but effectively: “The owners have great taste and a sense of what they wanted the art to say,” David notes.

“The resulting space is warmer, cleaner and more comfortable as a bedroom,” he says, “and the new furnishings for the room communicate a feeling of subtle luxury and sophistication.” ▷



photo by Bill Timmerman



photo by Bill Timmerman



photo by Michael Baxter Imaging

Janet Brooks

MASTER BATH



A Southern California couple purchased a five-year-old home on a north Scottsdale golf course and asked Scottsdale's Janet Brooks, ASID, to renew it to their tastes. In particular, the master bathroom did not fit her clients' lifestyle. "While it faced the golf course and Pinnacle Peak, a prominent North Scottsdale geological feature, the room was terribly broken up," Janet recalls. "In fact, it blocked its own view."

Specific problems: The sink vanities were in a walled-off area facing away from the windows, and a glass block enclosed shower was destroying any opportunity to enjoy its proximity to the desert outside. Further, steps to the tub in the corner of the room showcased a view not accessible from anywhere else in the room.

Cutting the space was the first move. While Janet kept the tub in the corner, she aligned it with the back wall rather than on the diagonal, thereby eliminating the useless step. The shower was connected to the tub with a contiguous granite surface from tub deck to shower bench, separated only by a clear glass dividing wall.

"Views from windows in the new shower now open up to the entire room, and the vanities, formerly isolated, now feature open reflections of the desert," Janet explains.

Top and bottom of the room were both improved. A gauged limestone floor with minimal grout joints replaced the chiseled Versailles-patterned stone floor with wide grout joints.

Above, multi-soffited levels of the ceiling, which had intensified the disconnectedness of the space, were brought to one height. Janet: "Only the wood-clad pop-up for a chandelier in the middle of the space breaks the continuity of the new contemporary flat ceiling." □



before

CELEBRATE FASHION AT SCOTTSDALE FASHION WEEK 2010

Text by Rebecca Sebekl Photos by Gudenschwager Photography

STYLE & DESIGN | IN FASHION

It's time to pull out that little black dress and kick up those heels for the "Art of Fashion," the 2010 theme for Scottsdale Fashion Week. This energetic event celebrates fashion, lifestyle, and fun. Designers rising up the fashion ranks join nationally and internationally renowned names on the runways. Beginning on November 4th through the 6th, all activities are centered around Scottsdale Fashion Square Drive, just north of Barneys.

Jim Scott, Founder of Scottsdale Fashion Week states that, "the event was created not only for fashion but for the citizens, merchants, and community. The main purpose of SFW is to bring noted designers, merchants, citizens, and charities together in one place that will benefit the community. No expense is spared as this event strives to be the best of the best. It's a high energy, high quality fashion show."

The official kick-off on Thursday, November 4th, is coordinated by Angela Johnson who's been a part of SFW since its second year. Angela coordinates both Designer of the Year and the Educational Series, as well as showing her own line on the Friday night.

Arizona fashion professionals such as local apparel and accessories designers, interior designers, fashion students,

models, and hair and makeup stylists will be in the spotlight. "Because Arizona doesn't have a fashion industry, the goal of SFW is a little different. It is more of a celebration of our booming retail industry as well as a great marketing tool for local designers," says Johnson.

The Main Stage Runway, with a seating capacity of 500, offers six shows on

Celebrities such as Jessica Simpson have been spotted wearing Luca Luca. Lloyd Klein, a French couturier, who's dressed such stars as Kate Beckinsale, Renee Zellweger, and Tyra Banks, will also be featured. This is a powerful lineup that fashion lovers won't want to miss.

A model search will be held. The win-

"Scottsdale Fashion Week 2010 is pleased to be working with The Junior League of Phoenix. Half of the proceeds received from each VIP ticket will benefit the League's numerous charities."

Friday and five shows on Saturday. The West Open Runway is outdoors with five shows nightly. The lineup for Friday and Saturday night includes Kevan Hall, a designer who rejects trends and fads for a lasting fashionable look. He's dressed celebrities such as Vanessa Williams, Tina Fey, and Anne Hathaway, among others. The designs of Luca Luca of Milan, Italy, will grace the runways. This luxurious ready-to-wear apparel is of the finest quality and detail.

ner will be given the opportunity to strut in front of fashion designers, showing them they have what it takes. Also, a Designer of the Year will be named. The winning designer will open the show with their fashion line on Friday, November 5th in front of 500 VIP guest in the Main Stage tent. Imagine launching a career, meeting influential people, and sharing the stage with Kevan Hall and Lloyd Klein. Life is good! ▶

Dress by Natalia Acosta



Attendees of SFW get the opportunity to increase their fashion knowledge with educational forums on fashion illustration, fashion forecasting, shoe design, and other topics. VIP guests can stop by the Luxury Pavilion from 5 to 11 pm each night to "see and be seen" and to browse a variety of luxury items such as fine jewelry, watches, and luxury automobiles.

Scottsdale Fashion Week 2010 is pleased to be working with The Junior League of Phoenix. Half of the proceeds received from each VIP will benefit the

Junior League's numerous charities.

The Junior League of Phoenix, now in its 75th year, strives to improve early childhood education and development, promote voluntarism, provide leadership training, and much more. They reach out to all women interested in and committed to voluntarism and provide over 100,000 hours of trained volunteers to assist with various projects around the Valley, such as The Children's Museum of Phoenix, Arizona Science Center and the Susan G. Komen Race for The Cure and assisted in restoring the Orpheum

Theater and Rosson House. To learn more about the Junior League of Phoenix, visit <http://www.jlp.org>.

General admission tickets are \$25 and VIP tickets are \$165. Tickets for the November 4th Community Night cost \$15 or \$25 for a combination ticket of Community Night and Education Forums. Visit www.scottsdalefashionweek.com for more information.

Scottsdale Fashion Week is the ultimate fashion celebration that oozes glamour. Not attending would be considered unfashionable! □



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DATEBOOK

Datebook highlights some of the events going on in the Valley. For more information or verification of dates and times, be sure to call ahead. For a more complete listing, visit our website www.az-lifestyle.com.

BACKWARDS IN HIGH HEELS

October 7 – 24



Photo by Tim Fuller

She danced her way into our hearts in the arms of Fred Astaire, setting the gold standard for grace and elegance on the silver screen. In her surprising true-life story, we follow Ginger Rogers from the vaudeville stage at the age of 15 through her ascension to Hollywood goddess. *Backwards in High Heels* is a candy box of show-stopping dance numbers, great songs and some surprising revelations about the movie legend. For tickets call 602-256-6995 or visit www.aztheatreco.org.

ARIZONA TACO FESTIVAL

October 9

The Arizona Taco Festival at the Scottsdale Waterfront on October 9th, is the first stop for the National Taco Tour. Over 30 teams will compete for \$7,500 cash and taco bragging rights. Other contests: best guacamole, salsa, and anything goes taco. There will be plenty of tequila, margaritas, cold cervezas to go around. Proceeds benefit Waste Not Arizona. Admission \$10, children under 12 free. Then you buy tickets worth \$2 each to use inside the Festival. Call 602-326-7469 or visit www.aztacofestival.com.

KOMEN PHOENIX RACE FOR THE CURE

October 10

Join in the Annual Komen Phoenix Race for the Cure! Register yourself, start a team or join a team and begin fundraising using your personal Race Headquarters. The goal is to raise more than \$2 million to help in the fight against breast cancer. Make an impact and register today! For more info call 602-544-2873 or visit www.komenphoenix.org.



JERRY SEINFELD

October 9

The comedian guarantees laughs with his observations of everyday life that resonate with everyone. 7 pm. Admission is \$60 - \$75. Dodge Theatre, 400 W. Washington St., Phoenix. Call 800-745-3000 or visit www.livenation.com.



RENDEZ-ZOO

October 2

The Phoenix Zoo will come alive for an evening of cocktails, hors d'oeuvres, and a sit-down lakeside dinner. Live music & dancing are included. Silent and live auctions. This inaugural event will educate the attendees on conservation efforts while offering an evening filled with adventure. From 6:30 pm to 11 pm. \$500. Phoenix Zoo, 455 N. Galvin Pkwy., Phoenix. Call 602-286-3855, or visit www.phoenixzoo.org.

NOCHE DE GOURMET

October 16

The Active 20 - 30 Club of Phoenix hosts this annual gala, which showcases signature dishes from the Valley's best restaurants, with beverages from local microbreweries and nationally renowned wineries. Live music and dancing are included. Proceeds benefit the Children In Need Foundation. Event begins at 7pm. Admission is \$75. Tempe Center For The Arts, 700 W. Rio Salado Pkwy., Tempe. Call 602-745-2030, or visit www.nochedegourmet.com.

GREAT PUMPKIN FESTIVAL

October 21-24

Take a hayride to the garden's pumpkin patch where, with paid admission, children 12 and younger can select their own free pumpkin. A petting zoo, hay bale maze, and live entertainment are featured. Thurs. and Fri., 9am to noon, Saturday & Sunday, 9am to 3pm. Admission is \$15 for adults with discounts offered to seniors, students & children. Desert Botanical Garden, 1201 N. Galvin Parkway, Phoenix. Call 480-941-1225, or visit www.dbg.org.

PIRATES OF PENZANCE

October 22-24

Love and duty have rarely been so funny. Frederic, a young pirate in Victorian England, spots Mabel and falls instantly in love. But when he attempts to leave his pirate crew for a life of respectability, the pirates remind him that he may be 21 – which marks the end of his apprenticeship - but his birthday is February 29th. Since he only has a birthday each leap year, they tell him, he must serve the pirates for 63 more years. Will duty-bound Frederic accept their terms? Or will the soft-hearted pirates let love conquer all? For tickets call 602-266-7464, or visit www.azopera.com.

VALLEY VINTAGE

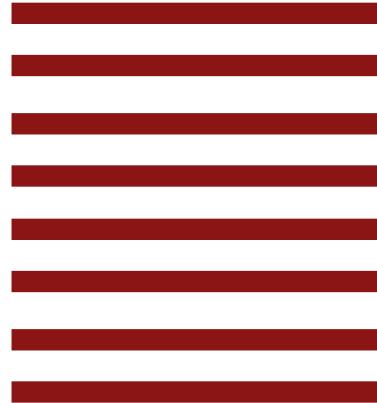
October 29

Hitting the runway Friday, October 29, 2010 in Scottsdale, AZ., Valley Vintage will immerse attendees into an unforgettable experience of mid-century luxury, charm and glamour. Mixing the best of classic women's fashion with the latest neo-retro styles, we'll plunge our audience into a nostalgic montage of sights, sounds and tastes. This astounding evening will launch Valley Vintage as the premier fashion event of 2010 and beyond. For more information call 602-791-2090, or visit www.valleyvintageexperience.com



Photo by Harrison Hurwitz

TOP PICKS FOR OCTOBER



PET ADOPTION

October 30-31

More than 60 Valley rescue groups will have both purebred and mixed-breed dogs and cats, all needing a good home. A blessing of the animals, dog wash and silent auction are included. Proceeds benefit PACC911 Emergency Medical Fund. From 10am to 3pm. Free admission. Franciscan Renewal Center, 5802 E. Lincoln Dr., Paradise Valley. 602-992-4779, or visit www.pacc911.org.



Arizona Opera courtesy of Opera Carolina

DATEBOOK

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Thru October 9, 2010
REASONS TO BE PRETTY BY NEIL LABUTE
STRAY CAT THEATRE

The Southwest premiere of the latest from provocateur Neil LaBute. A love story about the near impossibility of love, REASONS TO BE PRETTY introduces us to Greg, who really, truly adores his girlfriend, Steph. Unfortunately, he also thinks she has a few physical imperfections, and when he casually mentions them, all hell breaks loose. A hopelessly romantic drama about the hopelessness of romance, For more information call 480-820-8022 or visit www.straycattheatre.org

THEATRE

Thru October 16
THE FOREIGNER BY LARRY SHUE
HALE THEATER

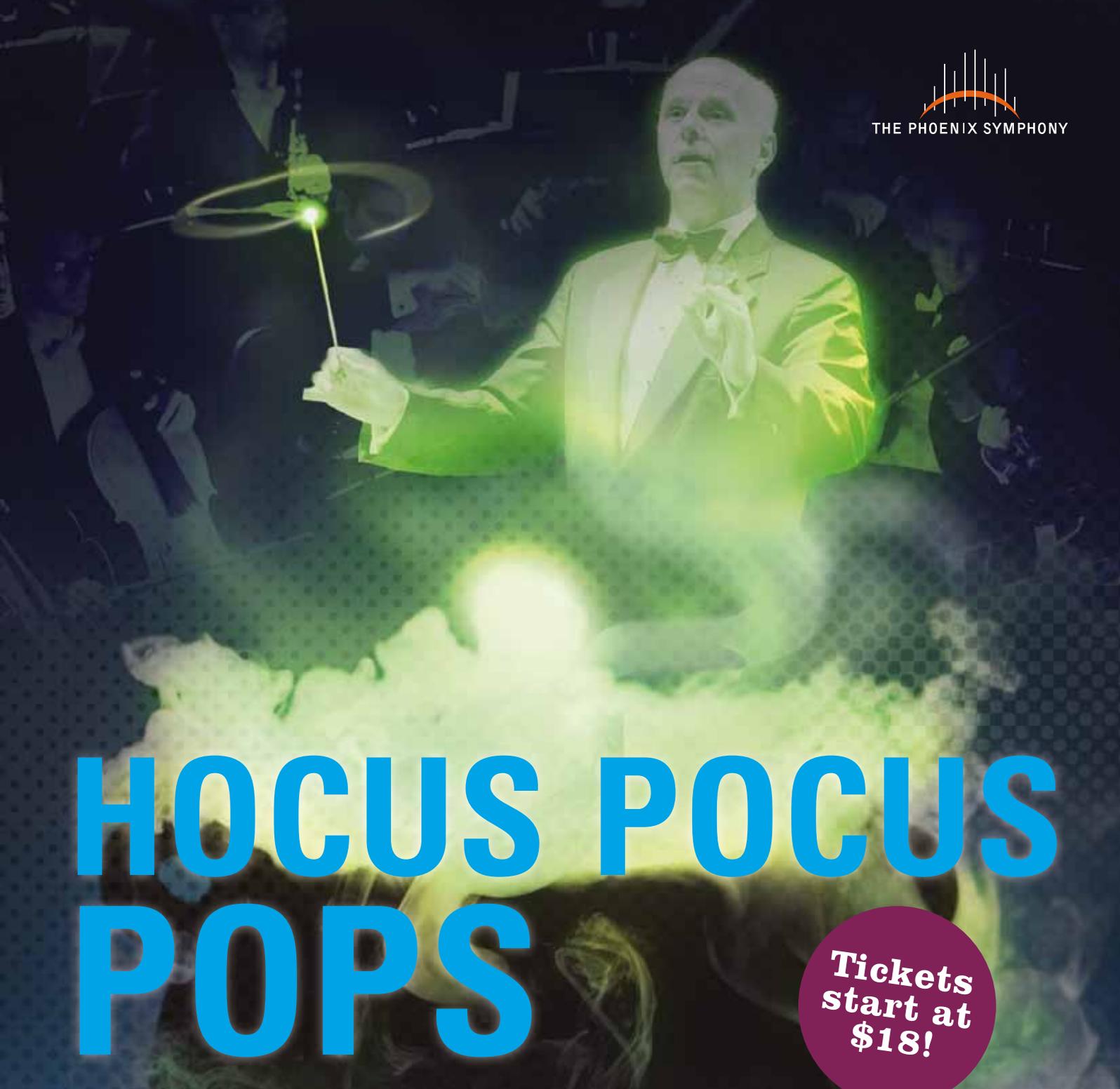
Charlie has a problem. He's shy. So his friend, Froggy, passes him off as a foreigner that doesn't speak English at the old lodge so he doesn't have to talk to anybody. But boy does he get an earful! Charlie discovers HUGE sinister plans. The mayhem that ensues makes this Larry Shue comedy one of the most outrageous and hilarious shows you'll ever see! For more information visit www.haletheatrearizona.com or call 480.497.1181

October 7 thru November 13th
SUGAR
BROADWAY PALM

Based on the film *Some Like It Hot* with Marilyn Monroe, Tony Curtis and Jack Lemmon. Sugar is the hilarious musical comedy of two unemployed musicians who witness the St. Valentine's Day massacre. To escape the mob, they disguise themselves as women and join an all-girl band on their way to Miami. For more info call 480-325-6700 or visit www.broadwaypalmwest.com.

October 14 thru 31
LIGHT UP THE SKY, BY MOSS HART
THEATRE ARTISTS STUDIO

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By Samuel Shem & Janet Surrey

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OCTOBER 14 - NOVEMBER 7

The inspirational and often hilarious true story about a stockbroker and a surgeon, both hopeless drunks, who stumbled on the cure for alcoholism. The relationships of these men and their wives pioneered the beginning of Alcoholics Anonymous and Al-Anon.



THE DUTTONS

December 21
January 24
March 2, 21



GEORGE DYER

December 7, 8, 13, 14, 20
January 11, 17
February 11, 18, 21, 28



AZ DIAMOND

October 26
November 29
December 6, 15, 22
February 13, 14



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October 22 thru November 27
THE HAPPIEST MILLIONAIRE
HALE THEATRE

This zany comedy is the (mostly) true story of eccentric Philadelphia millionaire Anthony Biddle. The Biddle mansion is the gathering place for a boxing class, pet alligators and would-be opera singers. For more information visit www.haletheatrearizona.com or call 480-497-1181.

ART & MUSEUMS

October 7 thru 29
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GALLERY ARTISTS"
GEBERT CONTEMPORARY

This includes beautiful works from Henry Schoebel, Gloria Gaddis, Brice Daniel, Betty Merken Pattie Parsons, and Lynne Riding. For more info call 480-429-0713 or visit www.gebertartaz.com.

October 7 thru 30
GROUP EXHIBITION
BENTLEY GALLERY

Bentley Gallery is featuring a show of smaller works from several of our artists. The exhibition offers special access to a variety of works that are uniquely sized and modestly priced; a great opportunity to acquire the perfect compliment to established as well as burgeoning collections. For more information visit www.bentleygallery.com or call 480-946-6060.



October 23
STANLEY CLARKE BAND
SCOTTSDALE CENTER FOR THE PERFORMING ARTS

Hiromi is one of the most captivating jazz pianists in the world today, with astounding technique. She is "extravagantly dynamic ... a forceful presence on any stage." (The New York Times). This diminutive dynamo will perform alongside jazz legend and pioneer Stanley Clarke and his band. Bass virtuoso Clarke, whose talents span classical, R&B, jazz and pop idioms, is a composer, conductor, arranger, producer and film-score composer who has won every award available to a bass player. For ticket information call (480) 994-2787 ext. 2 or visit www.scottsdaleperformingarts.org

MUSIC & DANCE

October 6
AMERICA'S GOT TALENT LIVE!
DODGE THEATRE

America's Got Talent, the hit television variety show is launching its first ever nationwide tour this fall, bringing the country's most dynamic and diverse entertainers to 25 cities. America's Got Talent's spectacular live stage version will be hosted by Jerry Springer and features the Season 5 winner as well as other dynamic finalists and fan favorites from the hit show. \$62.00 - \$116.50. livenation.com 800-745-3000.

October 14
NIKKI YANOFSKY
PIPER REPERTORY THEATER

At the age of 16, Montreal-born songstress Nikki Yanofsky has already headlined inter-

national jazz festivals, played Carnegie Hall and Lincoln Center, toured with famed composer Marvin Hamlisch, and performed with the legendary Count Basie Orchestra. Her single "I Believe," the official song for the 2010 Winter Olympics, shot to number one on the Canadian charts. Call 480-644-6500 or visit www.mesaartscenter.com.

October 14
DOC SEVERINSEN & EL
RITMO DE LA VIDA
SCOTTSDALE CENTER FOR
THE PERFORMING ARTS

Doc Severinsen's virtuosity on the trumpet is rivaled only by his unforgettable stage presence. This Grammy Award winner has toured with the Tommy Dorsey and Benny Goodman bands, recorded more than 30 albums — from big band to classical — and

**November 6****ELTON JOHN AND LEON RUSSELL****US AIRWAYS CENTER**

Elton John and Leon Russell will appear in concert together and alone with their bands on Saturday, November 6th at US Airways Center in Phoenix, Arizona as part of The Union Tour. Elton John's band includes Davey Johnstone on guitar, Bob Birch on bass, John Mahon on percussion, Nigel Olsson on drums and Kim Bullard on keyboards. Russell's band comprises Jack Wessel on bass, Chris Simmons on guitar, Brandon Holder on drums and Beau Charron on guitar and steel guitar. For more info call 602-379-7800 or visit www.usairwayscenter.com

worked with major orchestras throughout North America, including 22 seasons as the Phoenix Symphony's principal pops conductor. For ticket information call (480) 994-2787 ext. 2 or visit www.scottsdaleperformingarts.org.

October 24**NATURE SINGS FOLLOWED BY ARIZONA MUSICFEST 20TH ANNIVERSARY PARTY****PINNACLE PRESBYTERIAN CHURCH**

Copland's masterwork *In the Beginning*, inspired by the Book of Genesis, and Schaffer's *A Medieval Bestiary* with guest appearance by Robert Moody as "Leo the Lion" are highlights of this enchanting celebration of nature by the Grammy Award winning Phoe-

nix Chorale, conducted by Joel Rinsema. Travel from majestic mountains to tempestuous seas with composers Copland, Schaffer, Janequin, Gibbons, Arcadelt, Stanford and Hovhaness. The majesty and power of the four elements – earth, wind, fire, water – and all the earth's plants and animals are wrapped into one exceptional concert. For more info call 480- 488-0806 or visit www.azmusicfest.org.

October 26**GORILLAZ****DODGE THEATRE**

Gorillaz have confirmed a partial line up of guests to appear on their highly anticipated "Escape To Plastic Beach" North American

tour. The artists confirmed so far include De La Soul, N.E.R.D., Little Dragon, Bobby Womack, appearing as special guests of the Gorillaz Plastic Beach band which features Mick Jones and Paul Simonon of the Clash. For tickets call (602) 379-2800 or visit www.livenation.com.

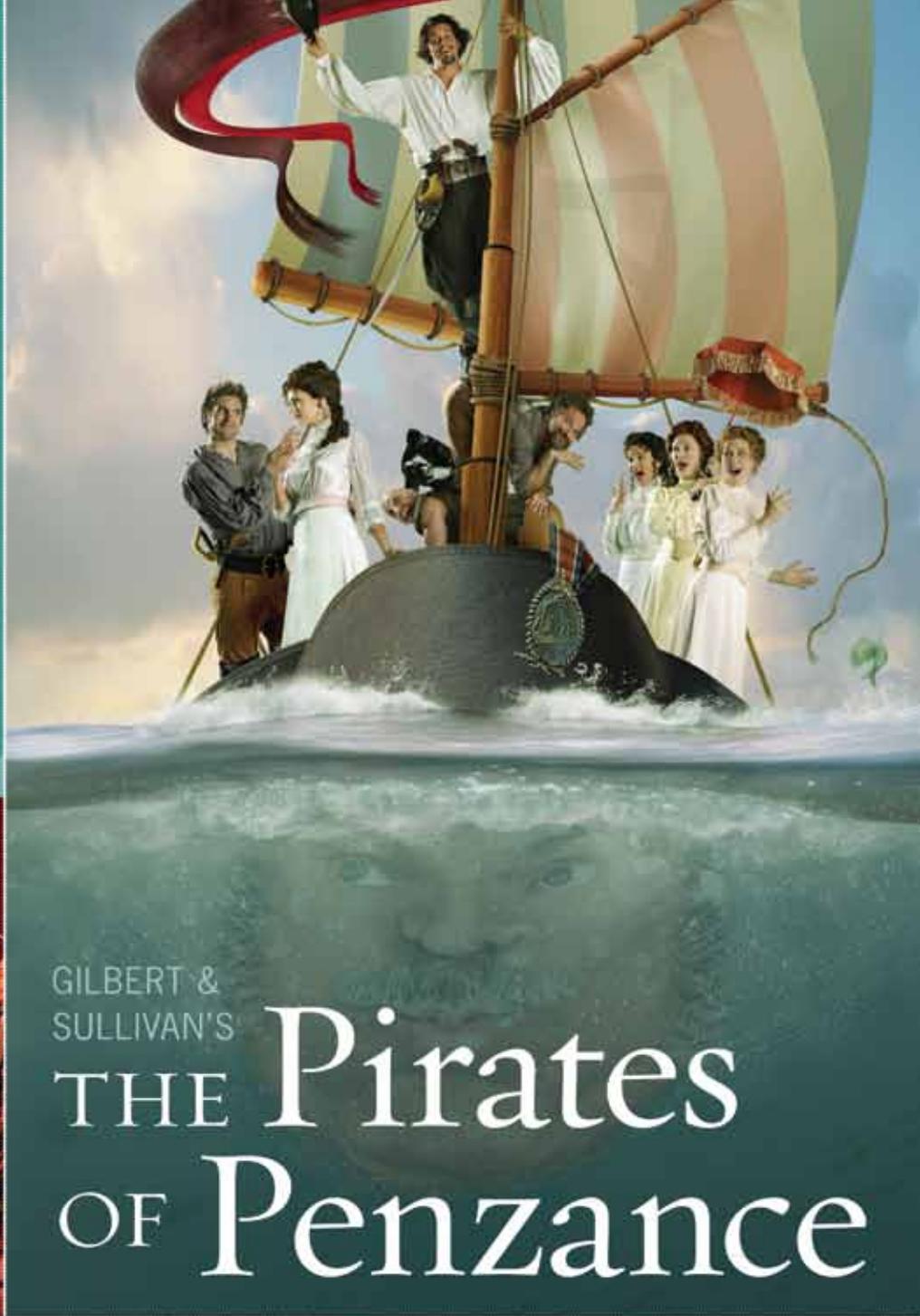
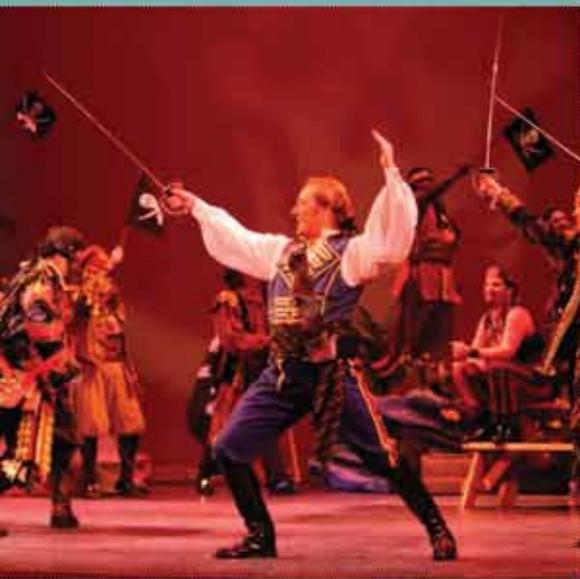
November 6**CHITA RIVERA****THE DANCER'S LIFE****VIRGINIA G. PIPER THEATER**

Singer, actor and dancer Chita Rivera rose to fame with her electrifying performance as 'Anita' in the premiere of *West Side Story*. And the rest is history. Now a Broadway legend, Rivera has earned two Tony Awards for 'Best Leading Actress in a Musical' and countless other accolades. She became the first Hispanic woman to receive the coveted Kennedy Center Honor in 2002, and, in 2009, President Obama awarded her the Presidential Medal of Freedom. In 2005, Rivera starred in the Broadway and touring productions of *The Dancer's Life*, a dazzling musical celebrating her spectacular career. For more information call (480) 994-2787 ext. 2 or visit www.scottsdaleperformingarts.org.

November 7 thru May 21**PINNACLE CONCERT SERIES****PINNACLE PRESBYTERIAN CHURCH**

"This year the Pinnacle Concert Series is pleased to feature several performers who are making their Valley debut: Piano4 brings four Steinway grands to the stage; Seattle-based Groove for Thought is a rising jazz vocal ensemble; and the Dixieland Ramblers swing with New Orleans style jazz. Coupled with the bright bold sounds of the Harry James Orchestra, the electrifying Broadway Showstoppers and returning favorites such as the Phoenix Symphony and the Phoenix Boys Choir to name just a few highlights, we are certain there will be something for everyone to enjoy in this series of thirteen concerts." – Brent Hylton, Musical Director. For more information call 480-585-9448 or visit www.Pinnacleconcerts.com.

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FOR KIDS

October 10
ENCHANTED TALES
BRUNDIBAR & PETER & THE WOLF
SYMPHONY HALL

It's story time as The Phoenix Symphony performs two musical folk tales. In Krasa's Brundibar, Aninku and Pepicek go to town for milk to make their sick mother better but are thwarted by Brundibar, an evil hurdy-gurdy grinder. With the help of several animals and their friends, the children rise up and defeat the bully. Brundibar is paired with the all-time favorite symphony for children, Prokofiev's Peter and The Wolf. the bird, the cat and of course, our hero Peter who outwits the terrible wolf who menaces the small Russian village.

WHAT'S COMING

November 10 thru December 12
HAIRSPRAY
PHOENIX THEATRE

It's 1962, and change is in the air in Baltimore. Tracy Turnblad, a big girl with big hair and an even bigger heart, has only one passion—to dance. She wins a spot on the local TV dance program, "The Corny Collins Show," and is transformed overnight from outsider to irrepensible teen celebrity. But can the trendsetting Tracy win the heart of teen-dream Link Larkin and stand up for what she believes in, despite the program's scheming stage manager? All she needs is her best friend Penny, a toe-tappin' beat – and a little HAIRSPRAY in this exciting dance

extravaganza for the entire family! For more info visit www.phoenixtheatre.com or call 602.254.2151.

November 17
VINCE VAUGHN AND KEVIN
JAMES COMEDY ROAD SHOW

DODGE THEATRE

Hollywood funnymen Vince Vaughn and Kevin James are set to embark on a 14 city national tour of the "Vince Vaughn and Kevin James Comedy Roadshow," featuring live sketch comedy by Kevin James, Vince Vaughn and surprise guests, as well as standup comedy performances by national recognized comedians Richie Minervini, Owen Benjamin and Steve Byrne. For tickets call (602) 379 2800 or visit www.livenation.com.

November 18 thru December 25
ANNIE

BROADWAY PALM

An orphan named Annie, and her dog Sandy, are placed in the lap of luxury for a week as a part of a publicity campaign for Oliver Warbucks. However, Annie's stay turns out to be much more than anyone had bargained for as she works her way into everyone's hearts and learns a few things for herself. Annie finally celebrates Christmas with her new family, Sandy, FDR, and the reindeer in a rousing New Deal for Christmas. The classic songs include Tomorrow, Easy Street and It's a Hard Knock Life. For more info call 480-325-6700 or visit www.broadwaypalmwest.com.

November 19 thru 28
IF YOU GIVE A MOUSE A COOKIE
PHOENIX THEATRE

BACK FOR A THIRD YEAR BY POPULAR DEMAND! If you give a mouse a cookie then the fun never ends! A small boy learns that giving a mouse a cookie has many implications that lead to madcap adventures as the house is turned upside down to please the mischievous mouse! A fast-paced script, zany effects loaded with a ton of mouse-filled fun bring this best selling children's book to life! Perfect for grades K – 3rd For more info visit www.phoenixtheatre.com or call 602.254.2151.

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Costume Designer
Matt LeFebvre

MA TRINEY

JEEVEETA STEELE



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BRADED CHIFFON



C.D. 4342
COSTUME DESIGNER

WHL

ML

There is nothing better than going out and seeing a play, especially if it turns out to be a theater experience worth talking about. The Arizona Theater Company (ATC) has worked long and hard to build a reputation for quality productions here in the Valley. With that in mind, the new season has begun, and in November, their second production will be unveiled, and it brings a New York Drama Critics Circle Award winning play. Pulitzer Prize and Tony Award winning playwright August Wilson's *Ma Rainey's Black Bottom* will open on November 11th and run through the 28th. It is set in the 1920's, when black musicians, even successful recording artists, had to fight for respect. In collaboration with the Penumbra Theater of Minnesota, renowned recording artist Jevetta Steele stars as Ma Rainey. Lou Bellamy, longtime friend and artistic collaborator of August Wilson, directs. "Ma Rainey's Black Bottom is a major American play and as such, should be interpreted and reinterpreted as literature and as insight into our condition as human beings," explains Bellamy. This production reunites Bellamy and his theater company with Artistic Director, David Ira Goldstein and the ATC.

"A collaboration such as this one combines our individual company's strengths and resources so that we might offer our audiences the

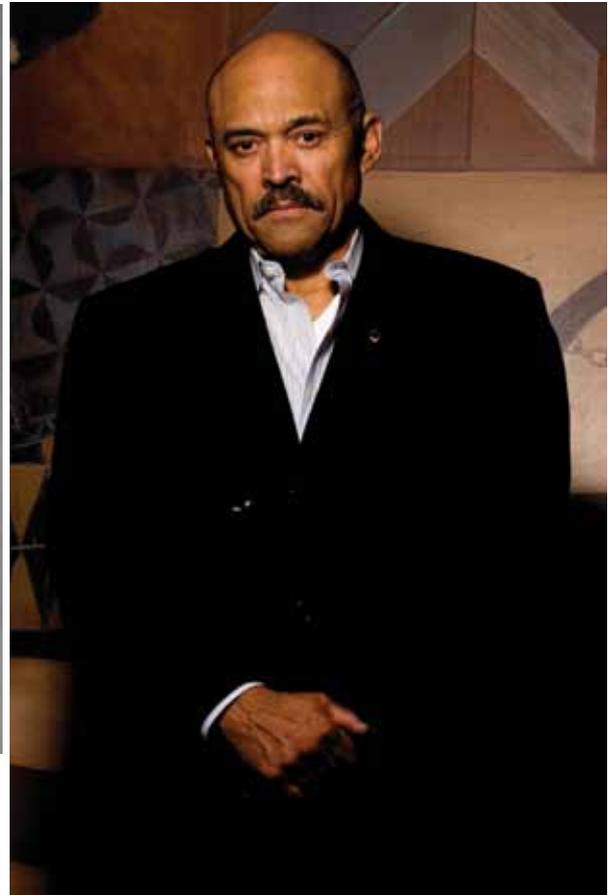
very best in a theatrical experience," says Bellamy. He believes, "The result should be an interpretation of this play that is vital, dramatically and culturally sound, and entertaining." Bellamy and Goldstein have brought together artists from across the country to create an amazing team.

Jevetta Steele leads the cast as Ma Rainey. She is a Broadway performer and Academy Award nominee for her performance of "Calling You" which appears on the soundtrack for *Bagdad Café*. She brings the "Mother of the Blues", legendary Gertrude "Ma" Rainey of the 1920s, to life. During a period when black recording artists were exploited and racism ran deep, she had to fight to earn her place in Blues history. This strength is one of the traits that drew Steele to the part. "I found Ma Rainey interesting because she reminds me of some women from my home town...strong, un-yielding, funny-fighting the pains of life by any means necessary," says Steele. She believes, "Ma uses music to heal her soul and allows blues music to quiet the noise left by hard times."

Ma Rainey's music has influenced singers and jazz musicians over the years. And, she has left her mark on Steele. She says, "I've learned that there's a bit of Ma Rainey in me! I understand her as an artist, as ▶

Arts & Entertainment

Applause



Above: Jevetta Steele stars as Ma Rainey.
Right: Director Lou Bellamy returns to ATC.

Ma Rainey Comes To Phoenix

woman, and as a professional. She's tough but loving- she's a formidable opponent about business but loyal to those who are loyal to her- she lives in the now but reaffirms and plans into the future. She reminds me that it's ok to be ME!" While Ma Rainey's Black Bottom isn't a musical, Steele has fun with the song, "Black Bottom". She says, "You can hear the smile in her voice. She is most joyful when she is sharing her gift of music. When she smiles, I smile too." Ma Rainey has an influence on everyone who has the opportunity to see this production.

A few years ago Goldstein and Bellamy presented A Raisin in the Sun and Jitney. They wanted to find another project to work on together since their relationship has been so successful in the past. Bellamy knew August Wilson before he became a playwright, and produced his first professional production. Bellamy's company has performed more of Wilson's plays than any other theater in the world. He is proud that, "Wilson has, on several occasions, commented on the interpretation and realization of his work at Penumbra Theatre as

definitive." This production will be the ATC's third of Wilson's series on the African-American experience.

And, this is a production worth seeing. "The play is fine entertainment," says Bellamy. He explains, "It creates individual characters who capture our hearts and our imaginations. When the curtain comes down on one of the most powerful endings in dramatic literature, we have laughed with, identified with, and know each of the characters intimately. We not only experience the power of the event, but we've become part of a continuum...part of a condition which allows us to understand ourselves and our world more deeply."

Truly experiencing and sharing the event is what good theater is all about. Bellamy explains, "I would hope that the production provokes discussion and in the end contributes in some small way to a deeper understanding of ourselves, our responsibilities, our opportunities, and our gifts." □



Costume Designer
Matt LeFebvre

DUSSIE MAE
LERA CARTER



MARCELLE WAVE
SHORT CROPPED HAIR



C.D. 4342
COSTUME DESIGNER

MONITURE MIL

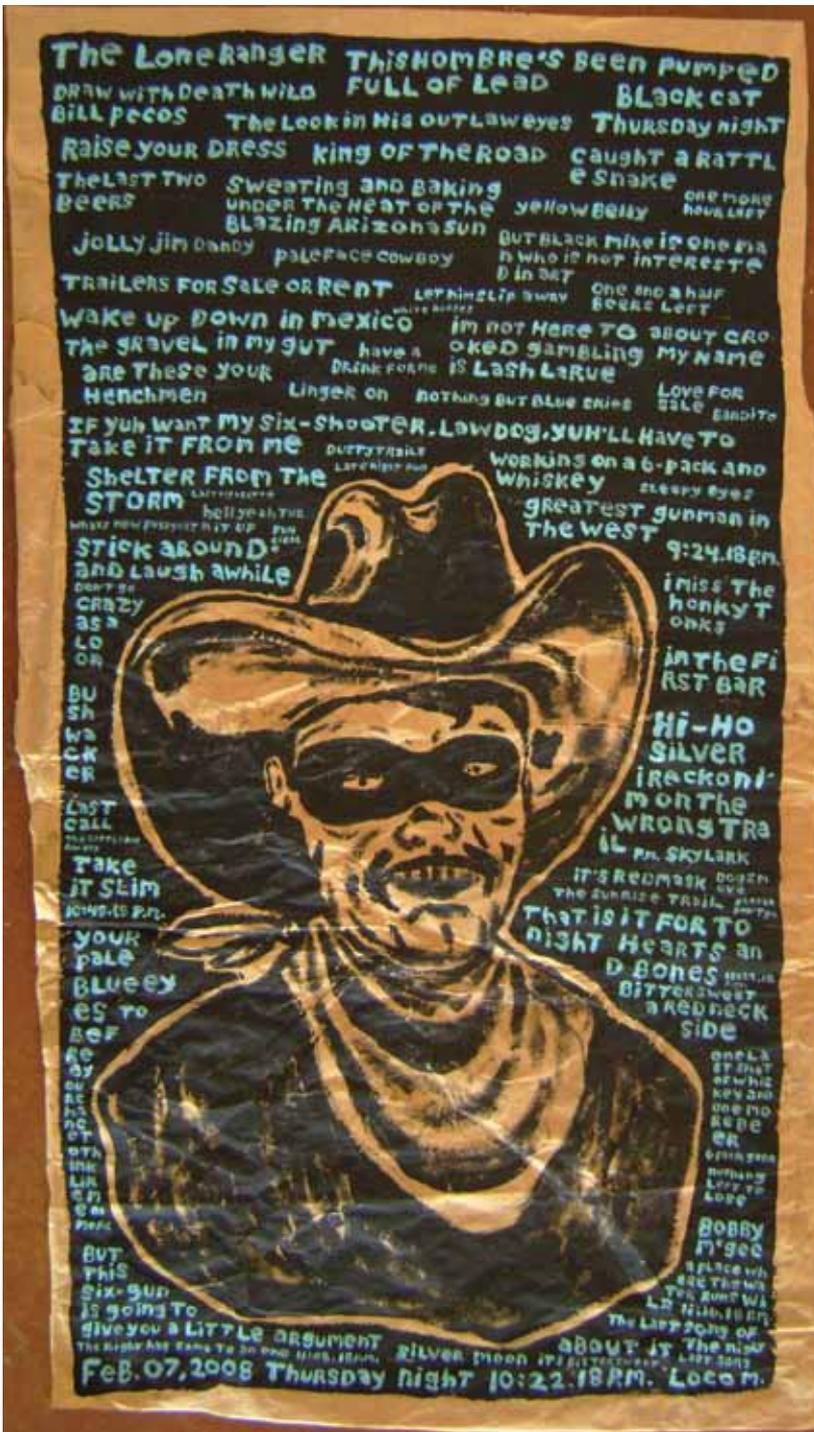
Trent Guerin has always been interested in **art** but says he was never as **artistically gifted** as his grandfather, a CBS cameraman who also worked as a still life photographer and filmmaker, or his own brother, **Fort Guerin**, an accomplished artist known for his creative combination of **images and words**. He took art classes in high school and college, but instead of pursuing the arts, Trent majored in economics, and after college he began looking for **business opportunities** rather than artistic inspiration.

g2
Gallery

Art Scene - By Teresa Bitler

"The Lone Ranger," acrylic and coffee on paper, 43" by 24", 2008, by Fort Guerin

It was at this point, while discussing some options with Fort, that Trent decided to **apply his business skills to the art world**. "We were throwing around some business ideas, and one of them was to open a **gallery**," Trent said. "It came together very quickly."



The g2 Gallery -

the "g" represents Guerin and the "2" represents the two brothers – opened in December 2000, featuring the work of Fort and three other artists. Today, the gallery showcases the works of, on average, 30 artists. Trent is reluctant to label the works as any particular genre.

"It varies quite a bit," he said. "There are landscapes. There are abstracts. It has more to do with the way they are rendered. There is a stylistic cohesion about these pieces."

Trent suggests looking at a few of the gallery's artists to get a sense of the pieces that are available at g2. His brother's work, for example, has "a nice vintage feel." For a period, according to Fort's online statement, he struggled to write stories, but he always felt guilty about taking time away from his painting. He compromised by combining his written words with the images he created. As a result, his style has a unique, "comic book-like" quality.

Fort indicated that the text is meant to become part of the painting's aesthetic quality. "From a distance, the miniature text appears as lines in the background," his online statement reads. "However, as you approach the painting and realize that what you thought were lines are actually words, you are drawn in, and the painting takes on a certain intimate quality."

The text incorporated into the coffee-stained paintings can be extensive journal writing, stories or a simple title, like "The Arizona Kid." Trent noted that since Fort's move from Arizona to the Washington, D.C., area, his paintings tend to be more Western-oriented and feature cowboys. Recent works include "The Durango Kid," "When You Coming Home Red Ryder" and "Bandidos." "I think it's his way to still connect to the West," Trent said. ▶

Brian Hibbard's work

has a completely different feel. “He does pieces that bridge several styles,” Trent said. “It’s not purely a landscape or another picture of a horse (a common subject). There’s something behind the painting.”

Hibbard describes his work as a combination of “ancient and modernist sensibilities.” His subjects are often classical, like the posed horse, and he pays great attention to proportion, values, scale and contrast. As the painting develops, though, he switches to a more contemporary mindset with design and linear elements, colors, metals and patinas working their way into his pieces and often completely covering the substructure, he explained.

Interior designers are often attracted to Hibbard’s work, which has recently included visually complex oil paintings with simple titles like “Horse 131” and “Landscape 347.” These aren’t your typical decorative paintings. “There’s style to his work,” Trent said, adding that that is why it fits with the gallery’s art.

John Tuomisto-Bell’s sculptures reflect a violence that is absent in Fort and Hibbard’s works. “I am involved in an ongoing investigation of the difference between individuals and collective society, portraying figures with little details, emphasizing instead the stance of the figure and the commonalities they share – featureless masses that follow rather than lead,” the ex-Marine said in his online statement.

Trent described the bronze sculptures as depicting the progression of violence that man tries to remove from society but keeps creeping back in. Tuomisto-Bell’s series on the four basic firearm positions typifies what makes him such an intriguing artist, according to Trent. “People are initially drawn to these pieces because they are so visually interesting, but there’s meaning behind it. There’s something more, something conceptual.”

Tuomisto-Bell has been with g2 since it opened. He is known for his “war heads,” bronze head pieces that are often painted with paints or patinas. The head is often the subject of his work because much of the violence we experience stems from what goes on in our heads. In fact, one of the artist’s more popular works has been “*Unstable Head*.” “It’s almost like a bobble head,” Trent said. “It’s a bit humorous.”

The gallery’s art may differ in subject matter and genre, but it has two things in common. First, the pieces must be visually interesting, Trent said. Second, they must have a

“Horse #30,” oil on panel, 48” by 48”, 2008, by Brian Hibbard



depth or meaning that holds the interest beyond the initial impression. Fort’s work is a good example of this. You are initially drawn to the image, but there is the deeper layer of the text.

But, you don’t always have to “get it.” Trent believes some people tend to make art more difficult than it is. “They try to get more out of it than is there,” he said. “A lot of times, I’ll like something, and I just like it.”

That's why he

has tried to create a comfortable atmosphere at g2. "I could only imagine how someone who didn't like art very much or who was insecure about it would feel walking into a place that was intimidating. I never try to put anyone on the spot or make them feel uncomfortable."

His goal has always been to make art accessible, both by taking the intimidation out of the gallery experience and by making it affordable. Trent explained that making art affordable can be tricky because most artists either make their living from their art or expect to at least earn some income from it. However, a good director can help you find pieces that you love and are within your budget. For example, a large piece by Tuomisto-Bell might cost \$20,000, but a smaller piece might only be \$300. "So, if you walk in and love his work, you can still afford to buy it."

Art can be affordable, Trent continued. "People just assume that because it's an original it's going to cost a lot. Sometimes that is the case, but not always."

When you buy original art, you are buying something that is handcrafted, and you are supporting the creative efforts of talented people. Trent believes there's something to be said for that. Yes, you can buy a print for less at a box store, like Costco, but for \$100 or \$200 more, you can have an original artwork that you won't find hanging in your neighbor's living room the next weekend.

He discourages people, though, from looking at art as an investment. "There are so many young artists out there that it's hard to tell which ones are going to make it big," he said. "Buy what you like."

Trent works with his clients to help them find the pieces that they are going to love, even if he has to refer them to another gallery. For him, it's more important that the client have a good experience and continue buying art than to have a bad experience and not buy from anyone at all. Since the staff at the local galleries all know each other, it's easy for them to direct clients to the one gallery that is going to best meet their needs.

His advice to first-time or inexperienced art buyers is simple: "If you like the general feel of the gallery, talk to the gallery director. Ninety percent of the work is in the back in racks. Ask to see what's in back. Chances are that of the 30 artists in the gallery, each with 20 or some pieces, there's something

that you are going to connect to."

g2 Gallery is located at 7144 E. Stetson Dr., Ste. 405, in Scottsdale, above the Estate House. Hours are by appointment only. You can contact



Trent by phone at 480-429-7729 or by e-mail at trent@g2gallery.com. The gallery's artists and examples of their work can be seen online at www.g2gallery.com. Available pieces can also be viewed at the high-end furniture store Haus Modern Living, 4821 N. Scottsdale Rd. g2 Gallery also participates in the Scottsdale ArtWalk every Thursday from 7 to 9 p.m. □

"War Head," bronze and acrylic, 9.25" by 7.5" by 7.75", 2008, by John Tuomisto-Bell

TASTE | TEXT BY DAVID M. BROWN | PHOTOS BY SCOTT SANDLER

Craig & Kris DeMarco –
**A STIRRING
SUCCESS**





Craig DeMarco at Postino

One of the Valley's prominent restaurateur couples, Craig and Kris DeMarco have started Upward Projects, a hospitality management company that is developing local restaurants and retail experiences. They have partnered with Lauren and Wyatt Bailey to open one to two new stores annually.

The DeMarcos began their culinary enterprise with Postino Arcadia, which Craig and Kris debuted April 4, 2001. Adjacent is La Grande Orange, a boutique grocery/café that the DeMarcos opened with Bob and Ann Lynn June 3, 2002. The DeMarcos and Lynns followed with the Pizzeria at LGO Arcadia in August 2004. Just north, also in Arcadia, adjacent the historic Arizona Canal, is Chelsea's Kitchen, which started up March 2, 2005, also with the Lynns.

In March 2009, with the Baileys, Kris and Craig opened Postino Central, north of Camelback Road on Central Avenue in Phoenix. In the historic Medlock District, 5144 N. Central Ave., at Colter Street, Postino Central has helped to establish the burgeoning Camelback Road/Central Avenue culinary district in a 1950s building which originally served as office space.

Just north on the east side of Central Avenue, the DeMarcos and the Baileys plan to open The Windsor Jan. 15, 2011 — a renovation of the 70-year-old building they purchased at Oregon Avenue.

"We are going to bring it back to original 1940s condition," Craig explains, noting that The Windsor will be a neighborhood restaurant ▷



servicing breakfast, lunch and dinner. The name refers to the historic neighborhood located behind the site.

“The food will be very casual — nothing fancy — in an all-American classic tradition but done with great care,” he says, adding that it will incorporate a dining patio — a greenbelt between the Central Avenue main building

was 15, and my dad told me I had to get a job,” says Craig, a Connecticut native who moved to the Valley in 1980 after a stop in San Francisco.

He met Kris in 1988 at Arizona State University, where they are graduates. She became a general merchandise manager for a resort wear company based in Maui before they opened Pos-

design and food conceptualization, and the women are also formulating menus for The Windsor. At the other partnered locations, Bob Lynn coordinates the food.

The DeMarcos and LGO restaurants offer fresh ingredients, unique menus and contemporary chic settings in renovated historic structures that help to revivify neighborhoods.

Craig: “We work really hard on a daily basis to source out the best raw materials. We are constantly looking, tasting and exploring new

products. We are inspired by the great diners and cafés in New York and San Francisco,” he notes, referring specifically to Union Square Hospitality group’s restaurants in New York City.

“We love to repurpose old buildings in the great communities we are part of,” he explains. “Our stores have become meeting places to the neighborhoods. Our biggest passion is being connected to the areas where we do business. That is why we have never done a ‘mall deal.’”

They live two blocks from Postino Arcadia and walk or bike to work as much

“WE ARE INSPIRED BY THE GREAT DINERS AND CAFES IN NEW YORK AND SAN FRANCISCO”

- CRAIG DEMARCO

and a support building just east. Next door, they’ll be opening an ice cream parlor, Churn.

To complete the extensive renovations on the building, the DeMarcos have joined with Venue Projects, a partnership of Jon Kitchell and Lorenzo Perez, and Nils Wang to purchase the building. Kitchell and Perez founded Venue projects to focus on the redesign and construction of small neighborhood boutique developments such as The Windsor and Churn.

“I have always worked in the restaurant business. I asked for a car when I

tino Arcadia. Craig: “We designed the menu during a trip to San Francisco.”

They’ve been married for 10 years and have two boys, Chaz, 5, and AJ, 1. Collaborating at business is at least as challenging as coordinating a family. “We have had to work hard at working together,” Craig says. “We try not to work on the same projects, but there is always crossover.

“Kris has an amazing ability to design, so she does most of the interiors. I am the nuts-and-bolts guy,” he adds. At Postino Arcadia and Postino Central, Kris and Lauren do most of the

as possible. “We have met so many of our neighbors on the corner. It is a very pedestrian-friendly community,” he says.

The LGO restaurants — Bob Lynn also has one in Santa Monica, Calif. — were inspired by the stylish 1930s and the orange groves that characterize Arcadia. Here you can obtain fresh produce as well as delectables such as Tammie Coe Cakes, created just a few doors down.

Postino Arcadia recycled the area’s historic post office building. Known for its outstanding selection of wines, the café has attracted oenophiles from neighboring areas such as the Biltmore and Paradise Valley and elsewhere in the Phoenix area.

“Postino is not just a wine bar but a neighborhood café that serves lunch and dinner,” Craig says. “We carry the most inspired wines available and usually we are the launching pad for new wines in Phoenix.”

The café doesn’t specialize in any particular wines or regions, he adds. For instance, you can buy a Brazilian Brut, an Italian Rosé, a Verdejo from Spain or a California Viognier. Find good dessert wines here, too, and beers from around the world, including those from Belgium and Oregon.

Chelsea’s Kitchen also creatively re-uses its site. In the 1920s, a film studio, Cudia Estates, made Western films there. The name, though, doesn’t reference a person: “We liked it because it means ‘by the water,’ and we sit right on the canal,” he explains.

Chelsea’s Kitchen is differently focused than the Postino locations in that it’s more family-driven. Still, particularly on the weekends, it’s become a place for adult socializing, so you’ll always find a good mix for people-watching. Bustling, it still retains intimacy whether you’re inside or on the outside bar area — “the best patio in Phoenix,” Craig says.



Food’s as exciting as the setting and the vibe: “We cook from scratch using only the best ingredients,” Craig says, noting that the tortillas are made to order from fresh masa. Signature Chelsea’s Kitchen entrées? Try the taco platters or the Short Rib Hash.

At Postino Central, the menu is equally broad. As with the Arcadia location, everyone talks about the Bruschetta, with nine choices. For wines, the DeMarcos and the Baileys focus on small producers, so patrons can enjoy selections they may not find elsewhere.

When they get home from the restaurants, the DeMarcos are planning their new home: It’s a remodel of ‘60s-vintage house in Paradise Valley by the late Doug Sydnor, one of the Valley’s distinguished modernist architects, who designed buildings at Arizona

State University in Tempe as well as the landmark Hotel Valley Ho in Scottsdale. The couple bought the home from Keri Graham, a Professional Golfing Association Hall of Famer.

“It’s the only home he designed and built for his family in his lifetime and should be ready to move into it in January,” Craig explains. Scottsdale architect Doug Sydnor, the architect’s son, is consulting on the job.

He and Kris are also considering developing a small steakhouse and perhaps a furniture store next to The Windsor. Craig: “We work on real estate, architecture, interior design, manufacturing, marketing, recruiting, economics and customer service. There is always a ton of fun stuff to do. And — we get to meet amazing people every day.” □

children and chores:

Helping children grow and make connections

By Monica Avila

Chaos on the verge of total collapse is how I would describe a home I recently visited. My daughters were invited to the birthday party of a friend and I had volunteered to help the mom supervise the twenty kids she had invited. Little did I suspect that I was going to enter a home where no one picked-up a grungy sock or rinsed a dirty plate. Out rushed the frazzled mom who quickly apologized for the state of her house, while behind her two teenaged boys and one early adolescent girl lounged upon the couch amid a mountain of misplaced garbage and baskets filled with wrinkled clothing.

Then and there I recommitted myself to continuing the chore requirements in my own household. Here are a few reasons children should help out around the house and some suggestions for getting them to do so willingly.

Pre-School Tots

It is common knowledge that children have their most formative years before the age of five. Parents should take advantage of these malleable years and begin nourishing the growth of responsibility in their youngsters. The earlier you begin the stronger the sense of responsibility will become. Taking some simple steps will have your pre-schooler helping out in no time.

Make picking up after play time another part of the game. Tell your four year-old, "ok, let's see how fast you can pick-up four toys and put them in their correct bin." Time their rush to help and reward with a high-five. When chores become part of their routine, preschoolers learn that picking-up is a natural part of play time. Reinforcement and routine are the keys to making this tip work.

School Age Children

Once children begin school, they will be expected to help out in their classrooms. Fifth grade teacher, Cassie Curran, explains that, "having a job is a key component of classroom management, students know what their job is that week and that they are expected to complete it as part of the classroom community." Parents can apply the same principal at home. Give your school age children age appropriate jobs, such as clearing the dishes after dinner or neatening their beds in the morning. Help them keep track of their accomplishments with a chart that allows them to see how they are contributing to the household. Like the classroom, each family is a unique community.

Requiring your children to complete tasks that help your family run efficiently teaches them that they are an integral part of the home. Once children understand that each person has a role in their home, they establish a pattern of responsibility. This pattern can carry them through the difficult adolescent years. ▷





Adolescents

The adolescent years offer an opportunity for parents to reinforce the responsibility factor and help their children grow into well adjusted adults.

Giving pre-teens and teens a list of chores focused upon personal responsibility teaches them that work equals gain. An adolescent who must keep his personal space clean or mow the lawn, is more likely to do well in school and make better choices when faced with peer pressure. They have a connection to their family that those who are not required to help at home lack.

You can help your teen connect to your family by making sure their contributions reflect a tangible reward. For example, if your sixteen year old daughter would like a new pair of TruReligion jeans, she must complete extra tasks around the house until she has either saved enough allowance or earned enough points to afford the jeans. Additionally, consistent enforcement is key to holding adolescents accountable. Once a teen realizes that she has to work for what she wants and mom and dad are not going to cave to laziness, she will learn to help without fail.

Consistency

The key component to getting our kids to help and avoiding the quandary my friend found herself in with children who don't help and a mountain of household chores to handle all alone, is consistency. Children of all ages blossom when they are given responsibility. Whether it is as small as making their own bed or as large as taking care of their younger siblings, asking your children to accomplish certain tasks good for them and essential for you. Don't shy away from requiring your kids to do their chores, your consistency will help them to succeed as adults and will save you from certain insanity. □

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FAB

MUST-HAVE TOOLS



by Monica Avila

Are you getting ready to begin some do-it-yourself projects or tackle some small home repairs? This month's fab five will get you on your way. Pick-up these "must have" tools and you will be able to complete many simple household projects with ease.

6-in-1 Screwdriver

From putting together simple tables to fixing the wobbly leg on your favorite dining chair, a good screwdriver is a must. Get yourself a 6-in-1 version and you'll have every shape, size and angle you might need. The added pluses of this tool are, it takes up little space in your drawer or toolbox and there is no hunting for the right shape or size!

6 Piece Plier/Wrench Set

Have a leaky faucet or a stubborn window crank? Then you need a plier or a wrench. A skinny needle-nose plier will let you pry the clumped up hair from your shower drain and that adjustable wrench will help you get a handle on the stubborn nail getting in the way of your new painting project. Remember to choose a set with rubber handles; your hands will thank you.

24 Inch Magnetic Level

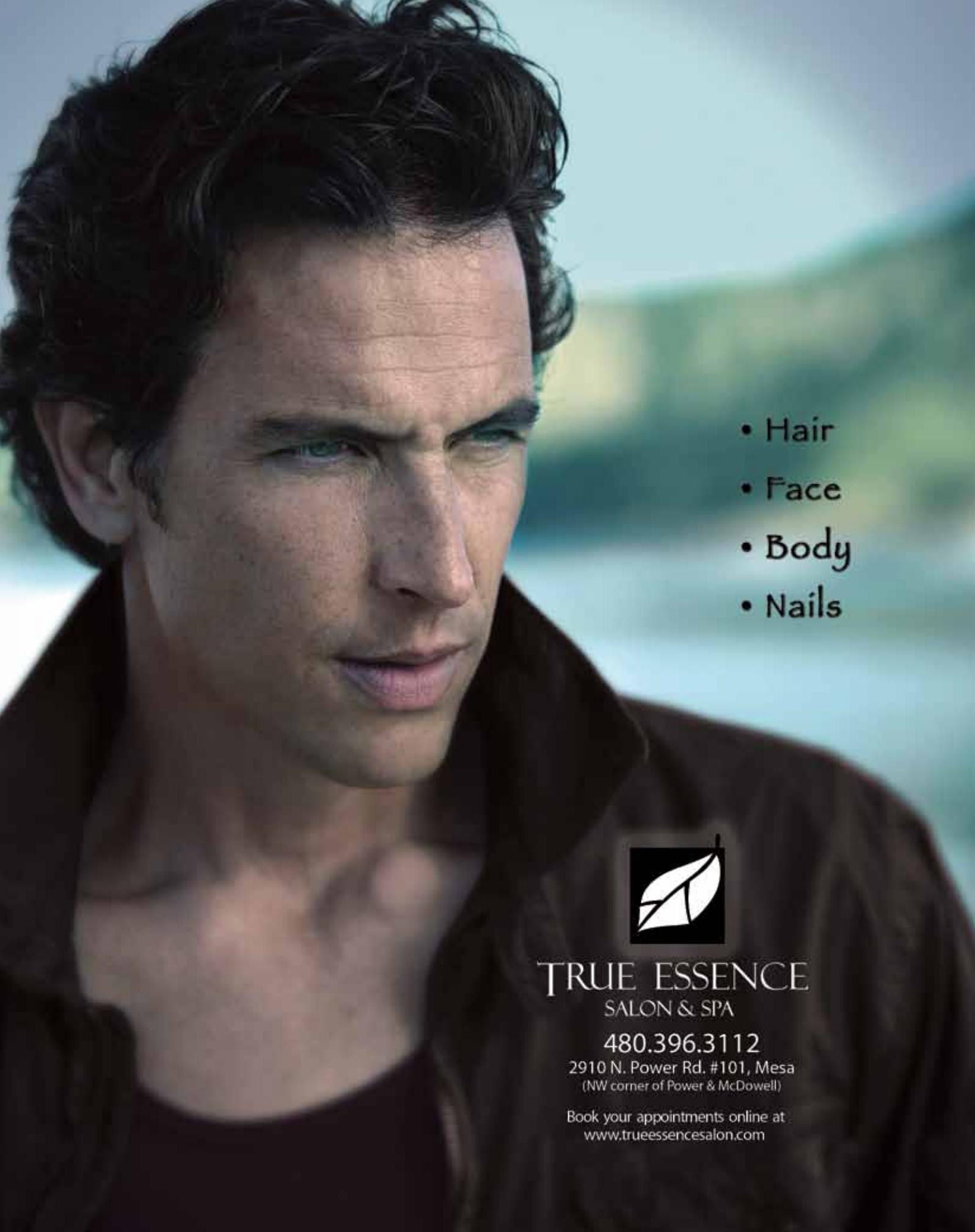
Whether you want to hang a photo straight or build the ultimate backyard fort, you'll need a level. A magnetic version gives you the option for hand's free use if you're hanging a metal picture-frame or building a metal shelving unit. Never be tilted again.

16 Ounce Straight Claw Hammer

While most of us will not be knocking down walls, many will want to add some decorations to our walls or fix the occasional loose baseboard. A straight-claw hammer will help with either of those projects and more. 16 ounce is the perfect weight for most do-it-yourselfers. Just ensure your choice feels secure and balanced in your hand before you begin banging in those nails.

25 Foot Retractable Tape Measure

Getting the right furniture placement and ensuring your favorite painting is centered on the wall requires careful measuring. A 25 foot measuring tape will give you enough length for most projects. A locking mechanism on a retractable tape will help you hold the measurement in place and save you steps in retrieving it after you are done.

- 
- Hair
 - Face
 - Body
 - Nails



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