

Fashion help for everyone

By [Rebecca Sebek](#)

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Help with fashion is available -- just ask for it

Many people can use help with their fashion choices. You can improve your dating life and score that job just by accepting fashion help. The key is to know how to choose fashion styles that are suited for you. Just because it's [trendy](#) does not mean you are supposed to wear it!

Teenage [girls](#) and boys often experiment with fashion; mostly girls experiment with fashion. Parents may not like the outfits they choose, but it is a rite of passage. However, this does not mean that kids could not use some fashion help. Make sure they're dressing appropriately for their age. An outfit such as a "super mini skirt" and "skin hugging top" is not appropriate for a teenage girl. In fact, it's not appropriate for any female.

[Teenage fashion](#) does not have to be over-the-top. Let kids wear what they want, but set some ground rules. This means no high heels or belly baring tops for girls. For boys, make sure their jeans fit them. Super baggy jeans that look like they are going to fall off is not a good look.

[Women's fashion apparel](#) can be overwhelming. There are many options which can make your head spin. Fashion help is available for those who desire it. All you have to do is ask and clothing help will be given to you. Many stores have personal shoppers that will assist you with purchasing clothes. The next time you go shopping do not be tempted to pick up the latest in fashion trends. Ask someone to help you put an outfit together. If you are in your 30s or 40s, you do not want to wear something a twenty something or teenager would wear. It will make you look older!

Fashion dos and don'ts

1. Do buy clothing that fits your body.
2. Do try different styles to see which ones look best on your body.
3. Do be bold and daring. Get out of your comfort zone.
4. Do dress in clothing that is age appropriate.
5. Do visit a tailor if your clothes need alteration.
6. Do not buy every trend that comes out.
7. Do not wear colors that will "wash or fade" you out.
8. Do not be afraid to mix and match colors.
9. Do not match your handbag to your clothing -- choose a complimentary color.
10. Do not dress like a teenager when you're in your 20s, 30s, 40s, etc...

Men usually need [fashion](#) help. Most guys would rather wear jeans and t-shirts seven days a week. Dressing casual does not mean you have to give up comfort. Also, dressing up once in awhile is good for you. If you're unsure of what to wear, find someone who knows fashion. They'll be glad to help you out!

[Plus size fashion](#) has made great improvements to clothing lines. There are many options for plus size men and women. The key is to know how to dress your body. Do not be afraid of patterns and color because the right choice can be very flattering. Fashion help from a stylist can make life easier for you when you shop for clothes.

Fashion styles vary from hip-hop clothing to couture. This does not mean you must wear all

types of fashion. An article of clothing may be trendy today but it may not be on the rack. If you're unsure of what to wear, ask for fashion help. People like Stacy and Clinton from TLC's [What Not to Wear](#) can be found all over the world in your favorite stores. All you have to do is take the first step -- admit that you need fashion help. Soon you'll be going out in style.

Spring wedding ideas for your special day

By [Rebecca Sebek](#)

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Wedding ideas for spring are endless

Spring signals the beginning of the wedding season. Couples often choose a spring wedding because it's a time of rebirth and renewal. This is the perfect time to tie the knot. There's less competition because spring weddings rank third behind summer and autumn weddings. You'll have more access to high quality vendors, and find discounts on sites and travel.

If you're planning a spring wedding, think about your favorite parts of spring. Maybe you'll have an early spring wedding. Your guests will step out of the cold and into the warmth, surrounded by beautiful floral designs. If you're a couple that loves the sun, consider a May wedding with bright colors. Here are some spring wedding ideas to assist you with planning your spring wedding.

Spring wedding ideas

Are you planning a church wedding? Speak with your church about using their Easter decorations. You'll also find vendors and sites are readily available in the spring versus the summer. Due to the prom season, you may have to book limousines and tuxedos earlier.

You may get married in a garden surrounded by the beauty of nature. With an abundance of freshly bloomed flowers, there's no need to go overboard with floral arrangements. A fresh, green garden is the perfect setting to say "I do."

Do you like to dine by candlelight? Get married a little later in the day surrounded by the romance of candles. The other alternative is to light candles in the evening to begin your reception. Your guests will definitely feel that love is in the air.

Color

Spring wedding ideas include color schemes. Do not be afraid of vibrant [colors](#). Most spring weddings include soft pastels such as pinks, blues, greens, yellows, and purples. But, a vibrant color can make your wedding come to life. Choose hot pink, orange, and lavender. You could pair an earth tone color such as chocolate brown, terracotta, or beige with one of these colors.

Flowers

No wedding would be complete without flowers. Brides often choose daffodils, crocuses, hyacinths, lilies, gerber daisies, and [tulips](#). An arrangement made from multi-colored calla lilies will brighten your wedding. Utilize the Easter season by filling white or light colored baskets with spring flowers. For a garden wedding, use a terracotta pot filled with spring-moss. Use various garden herbs such as rosemary to make potted combinations for your reception. Guests can take home the pots as a remembrance of your wedding. These floral spring wedding ideas are a great touch to any wedding.

Wedding Dresses

A bride must have the perfect [wedding dress](#). Magazines usually show dresses with large, full

skirts and sleeveless tops. Look for a dress that fits your style and taste. If you will be chilly at night, purchase a wrap to go with your dress.

Many brides are opting for color in their wedding dresses. You could wear a sash in a pastel color such as blue or pink or find a dress with a "hint" of color to it. When you're considering your spring wedding ideas, remember that you could always wear your mother or grandmother's wedding dress.

Menu

The menu could include fresh vegetables such as baby carrots, baby asparagus, sugar snap peas, and new potatoes. Miniature quiche would be a delightful touch. What bride does not like chocolate? A chocolate cake with coconut frosting is scrumptious. You could do a carrot cake as well. Fresh fruit such as strawberries, apricots, and rhubarb will be in season. A tart topped with fresh strawberries will satisfy your guests. Another favorite is a cupcake tree.

Your guests will enjoy making a Champagne toast to you and your new life together. Add color by serving Mimosas or a drink of your own. Mint and strawberries spruce up any beverage. You could have an "old fashioned" punch bowl. There are an abundant of spring wedding ideas for your menu.

These spring wedding ideas will help you plan the perfect wedding. Remember to enjoy your wedding. You put a lot of time and care into planning your special day. Have fun and take in every moment!

Spring dress clothing will renew your style

By [Rebecca Sebek](#)

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Dress in the latest spring clothing

Women who want to look their best follow the fashion industry. Men who want to look their best pay attention as well. Spring is the renewal of all things. It makes sense to refresh your wardrobe at this time. New spring dress clothing can lift your spirits and attitude. When you look your best, you feel your best.

Spring dress clothing

Fill your closet with new, spring dress clothes. Sometimes it's best to clean out your wardrobe and update it with current fashion styles. This is a great way to "cleanse" your life of the old. Step out in style in new spring dress clothing.

Women

Women's apparel includes many pieces. The best part is that you can mix and match to create many outfits. Do not fill up your closet with trendy clothing. You'll be wasting your money. The key is to purchase quality pieces of spring dress [clothing](#).

Purchase sheath or knit dresses and pair them with flats or heels. A shirtdress is a great outfit for the office. A ruffled blouse with a skirt is a great look. Add a pair of high heels, and you'll look your best. You could put a cardigan with a skirt -- use it to cover your shoulders at night.

Capris come in many styles, choose a pair that works with your body type. You can dress up capris with a blouse, tailored shirt, or crocheted cardigan. Complement this outfit with accessories such as bracelets, earrings, and a necklace. You'll be comfortable and dressy at the same time.

Spring dress clothing includes suits. A lovely pale yellow, textured suit paired with a [peep-toe](#), platform shoe will make your co-workers or date take notice. To complete the look, tie a [scarf](#) in your hair or wear a fashionable head band.

Men

Men's clothing rarely changes through the years. Sport jackets, dress shirts, casual pants, ties, and [polo shirts](#) are the staples of spring dress clothing for men. To impress your date, wear a sport jacket and shirt with a nice pair of pants or jeans. Men, do not be afraid of color. You could wear the typical white or blue pin-striped shirt. However, pink is a color that you can wear as well. Give it a try; you may be surprised how good the color looks on you.

Teens

Many teens catch spring fever. Spring dress clothing for teens includes dresses in bold colors and patterns. Knit and sleeves dresses are very popular styles for teens. Wear a cardigan or cover-up on chilly nights. Tunics and crocheted tanks paired with skirts are completed with a pair of printed ballet flats.

It's time to say goodbye to those winter clothes, and say hello to spring dress clothing. Wearing a light jacket feels better than wearing a bulky coat. Go out in style in a new suit or pair of shoes. If you're going to welcome spring, you may as be dressed for the occasion.