

Name: Jaime  
Location: Spanish Fork, Utah  
Age: 35  
Height: 5'5"  
Was: 180  
Lost: 60 lbs\*  
As Of: April 2009

### **Soccer Mom Kicks the Pounds Away with Isagenix**

Jaime of Spanish Fork, Utah is the epitome of a stay-at-home mom. She has a 15-year old son, named Johnny and a 6-year old daughter named Andrea. Jaime's children and husband are her life.

Like many stay-at-home moms, Jaime devoted her time and energy to her family. She also gained weight from both pregnancies. To lose the weight, Jaime tried every diet on the market such as the Cabbage Soup Diet and Weight Watchers. Jaime never found the right solution, until she was introduced to Isagenix by her friend Stephanie.

Jamie attended her son's soccer game and noticed that her friend Stephanie looked amazing. "I could not believe how good Stephanie looked. I had to know what she was doing. I found out that Stephanie was using Isagenix. I asked Stephanie about the products. I must admit I was skeptical at first. But, I decided to try Isagenix," says Jaime. After all, her friend Stephanie uses the Isagenix system. Jaime figured she may as well try it because she's tried everything else.

Jaime began using the Isagenix products and started to lose weight. She enjoys a shake each morning and her favorite product is IsaDelight. Jaime loves chocolate so it's no wonder that she indulges in this decadent treat. Not only does it taste good, but it's good for you. "There's no need to indulge in anything else because you can have IsaDelight™ instead," says Jaime.

In addition to using Isagenix products such as IsaDelight™ and Want More Energy®, a "refreshing drink powder loaded with electrolytes and nutrients; she drank lots of water and began to exercise.

Working out was not a part of Jaime's daily routine, but that has changed. Her family now enjoys bike riding and other activities. Jaime's weight loss has brought her family together. Her children even enjoy some of the products. It's a great way to introduce children to a healthy lifestyle.

Jaime has received positive feedback from family and friends. "Some of my friends are envious of me. People want to know what I did to lose the weight," says Jaime. She is more than happy to tell them about the Isagenix system.

"I would definitely recommend Isagenix. I have a new attitude about myself." says Jaime. Many women get down on themselves because of weight gain. Physically they do not feel well or feel good about themselves. "I didn't like shopping or going on date night with my husband.

I would rather stay home than go out,” says Jaime.

There’s a saying; “if you look good, you feel good.” Jaime and her husband now go out and she enjoys shopping. She has confidence and feels good about herself. More importantly, Jaime’s children got their mommy back. Jaime is even thinking about selling Isagenix. “It would be a great way to pay for the product,” says Jaime.

Being a mom is one of the toughest and most rewarding jobs in the world. However, moms must make time for themselves. Jaime, a soccer mom, did just that and kicked her weight-gain to the curb. Her children and husband could not be happier and neither can Jaime.

\*Weight-loss results may vary